

# **NSW/ACT/QLD/SA Interschools Snowsport Championships**

(V1\_16.05.2023)

Managers and competitors must familiarise themselves with the rules prior to their event. Changes to the Rules for **2023** are in **bold blue print**.

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This document acknowledges source material from FIS competition rules.

Note that whilst these races are conducted under the sanction of Snow Australia, they are not subject to standard FIS rules. NSW/ACT/QLD/SA Interschools racing is conducted under special rules specifically prepared for the races that it conducts.



#### **Section One - Entries**

- 1.1 Each school must provide a School Coordinator, who can either be a teacher, parent, or adult. The School Coordinator will act as a point of contact between Interschools and their school and is responsible for:
- 1.2 Completing school entries. All entries must be completed in full and lodged with Interschools via the Interschools Online Entry System no later than the deadline date published via e-newsletters and on the website. A Team Manager must be assigned to all school teams and/or individuals. NO LATE ENTRIES WILL BE ACCEPTED.
- 1.3 All competitors must have an active SnowID number as a condition of entry into all Snow Australia Interschools events. An active SnowID number must be entered by School Snowsport Coordinators into the entry system at the point of registration for all Interschools events.
- 1.4 Competitors must complete an online Participant Waiver form and will not be able to receive their competition bib or enter the course without a completed form.
- 1.5 It is a condition of entry that all participating schools provide Volunteer Course Officials. One volunteer must be provided for every eight entries from a school when the event is held in NSW. Volunteers must be 19 years or older and cannot be enrolled at any participating school. Interschools will allocate the Course Officials positions as best as possible. Schools who fail to provide the required number of officials for an event will incur a financial penalty of \$120 per official. In addition to this, schools who repeatedly fail to supply Officials may be excluded from the competition. Schools will be required to supply Volunteers when the Australian event is held in Victoria.
- 1.6 Volunteer Course Officials must complete an online Volunteer Waiver form and will not be able to enter the course without a completed form.
- 1.7 Arranging full payment of the School Tax Invoice, which can be signed by either the School Principal's or School Coordinator's signature. Schools will not be allowed to compete without the School Tax Invoice having been paid in full and signed by their principal or School Coordinator, which verifies all members of the school team are currently enrolled as bona fide students of the school and are competing in their correct division.
- 1.8 The total amount owing shown on the School Tax Invoice at the close of entries must be paid in full. If competitors choose not to compete after the close of entries, full payment is still required. No refunds will be considered or given after the close of entries, unless for the reasons stated in 1.19.
- In 2023, the registration fee is a once-only payment of \$30 for all NSW/ACT/QLD Competitors. Entry fees are \$50 per event at the Regional and State Championships. For competitors who do not compete at the Regional level and join the competition for the first time at the NSW/ACT/QLD State Championships (in Cross Country, and/or Slopestyle for example), the school will be invoiced for their registration fees, prior to the State Event. At the National Championships in VIC in 2023, entry fees are \$59 per event.
- 1.10 All School Coordinators, Team Managers, Volunteers, Parents and Competitors must have an understanding of the Rules of Competition and event Code of Conduct throughout the competition.

# **2023 Rules of Competition**

- 1.11 Collection of school competition bibs will be at the designated Bib Collection time as published in the e-newsletters and the website. If the School Coordinator is unable to collect the competition bibs, they must organise a delegate to collect. Before competition bibs can be issued to the school, all Participant and Volunteer Waivers, school Volunteer Course Officials' requirements must be fulfilled, and full payment of the School Tax Invoice with the Principal or School Coordinator's signature must be received by Interschools. If payment of the Tax Invoice is not received at the time of bib collection, a receipt of payment of a school's Purchase Order must be provided.
- 1.12 Competitors can only compete for a school which they are enrolled in. If competitors are enrolled in more than one school, they must compete for the school that they have elected to compete with at the Regional Championships. If a competitor competes for a school they are not enrolled in, they will receive a disqualification. Schools and students can only compete in one Regional Championship.
- 1.13 Competitors must be enrolled in a registered Australian School.
- 1.14 School students with a competent ability level in skiing and snowboarding are encouraged to enter, with an emphasis on fun and participation in the initial Regional Championships. As the competition moves into the State and National events, the level of competition and the degree of difficulty increases. All competitors must have the ability to execute linked turns and ride a chairlift/T-bar confidently, prior to competing in regional level events.
- 1.15 Schools outside of NSW/QLD/ACT/SA (Australian and International schools) are welcome to compete in the Northern NSW Regional Championships. International schools must inform the Interschools Committee of their intentions to compete. International competitors will be awarded medals if they place as a top 3 individual or top 3 team, in addition to the top 3 individuals and top 3 teams from NSW/ACT/QLD/SA.
  - 1.16 International exchange students and/or international students enrolled in an Australian school which currently compete in the Interschool competitions, are welcome to compete in the Interschool competitions based on the proviso that:
    - School Coordinators must provide a list of all international students competing, along with any team they are entered into, to the Interschools Committee, <u>prior</u> to team registration online.
    - School Coordinators must provide a brief overview of the student's snow sports experience and/or competition record.
    - International students enrolled at a school for specific snow sports training (usually Term 3 only), and with a strong international competition record, may compete for that school as an individual only, and not as part of a team. School Coordinators should contact the Interschools Committee for any clarification on this requirement.
    - International competitors will be awarded medals if they place as a top 3 individual or top 3 team, in addition to the top 3 individuals from NSW/ACT/QLD/SA.
- 1.17 In 2023, the NSW/ACT/QLD State Championships will continue to include qualification invites to ACT & QLD Competitors. Participation from ACT and QLD schools will remain optional. ACT & QLD schools will receive a national invite along with a state invite from their results at the Regional Championships. ACT & QLD schools can choose to enter both or either Championships.

(See section 7 for more information on event qualification.)



1.18 Schools that already compete must continue to compete in the Regional Championships that they have entered. Interschools can endorse a permanent move to another Championships based on a school's location. New schools to Interschools should use the following guidelines as to which Championship they should compete in. We also encourage new schools to contact the Interschools Committee to discuss and check which Regional Championship they should compete in.

**Northern NSW & QLD Championships** – Central Coast, Central West, Hills District, Hunter, New England, North Coast, Upper Northern Beaches, Northern Suburbs, Upper North Shore, South-Western Sydney, Southern Highlands, Western Sydney, QLD.

**Sydney Championships** – Eastern Suburbs, Inner West, Lower North Shore, Lower Northern Beaches, Sutherland and St George Area.

**ACT & Regional NSW Championships** – Canberra, Riverina, Illawarra, South Coast, Southeast, and **continuing in 2023**, schools currently in the Northern NSW & Sydney regions can apply to compete in the Championship.

**South Australia & Regional NSW Championships** - South Australia, Greater Hume, South-West NSW, and **continuing in 2023** , schools currently in the Northern NSW & Sydney regions can apply to compete in the Championship.

- 1.19 In the event of there being dangerous and/or poor weather conditions, the Interschools Committee in conjunction with the hosting resort, reserves the right to cancel, postpone or re-locate the Championships. In the situation of any event cancellation a maximum of up to 50% of the event entry charge will be refundable upon request.
- 1.20 Competitors and schools are required to prioritise the events they enter. No guarantee can be given to competitors who enter three events over two disciplines on the same day of competition, will be able to make the event start time for all three events. This particularly applies to Snowboard and Mogul event days. Entry refunds will be provided, upon request, when the event schedule cannot accommodate all specific requests.
- 1.21 Interschools retain the right to refuse entry to the competition.



# **Section Two - Competitor & Team Rules**

- 2.1 A Competitor can only be a member of one team and one division per discipline.
- 2.2 A Competitor may elect to ski or board in a higher division, except a Primary (Division 4,5 or 6) competitor CANNOT compete in a Secondary (Division 1,2,3) team. Secondary competitors can ski or board up any division from Division 3 to 1. Competitors are allowed to compete in different divisions over disciplines, however if a competitor competes up a division in a discipline they must compete in that same division in each subsequent Championships.
- 2.3 Each <u>team</u> (including a team of one) is to supply one adult Team Manager. Team Managers are responsible for ensuring competitors are at the start area prior to the commencement of the event and educating the team on the Rules of Racing and procedures on the event course. Team Managers are permitted to inspect the course with the team only and must obey Course Inspection Rules. Team Managers are advised to wear snow sports helmets during course inspection. (See Discipline rules for specifics on course inspection.)
- 2.4 All Competitors must wear an approved Safety Standard Skiing or Snowboarding helmet in all disciplines except for Cross Country this includes course inspection. Bike, surfing, or other helmets are not acceptable.
- 2.5 All Competitors must not use iPods, music devices, mobile phones, and helmet cameras during the entire duration of their event, including start marshalling, course inspection, and whilst racing.
- 2.6 Divisions are as follows:

#### **SECONDARY**

Division 1 – Years 11/12 Division 2 – Years 9/10 Division 3 – Years 7/8

#### **PRIMARY**

Division 4 - Years 5/6

Division 5 – Year 4 and under

Division 6 - Year 2 and under. PLEASE NOTE - Division 6 is only offered in Alpine and Ski Cross.

- 2.7 Each division is further subdivided into boys and girls. Co-ed (mixed gender) teams can compete in the <u>boy's</u> events. Snow Australia has developed a Gender Diversity Policy. <u>View the Snow Australia Gender Diversity Policy</u>.
- 2.8 All Competitors must be 19 years old or under at the date of competition.
- 2.9 School Coordinators and/or Team Managers are responsible for seeding team members (ie event starting order within the team). The order of competitors as submitted in the Online Entry System shall be the order of the event.
- 2.10 No changes to the names or order of competitors will be accepted after the entry closing date.

  Substitutions may only be considered on account of illness or injury, and medical certificates will be requested. Any changes must be submitted by a School Coordinator or their delegate through the official 'Change of Competitor' form by 3.00pm the day before the event. Changes are not



guaranteed and are at the discretion of the Interschools Committee. Changes to teams will be restricted to direct team member substitutions only. Team changes can only be made with competitors who are already entered into the Championships (ie, schools cannot substitute a participant into a team that has not been entered before entries close). Original competition bibs must be worn when team changes have been made, except in cases when competitors were not originally entered into a discipline.

If a competitor fails to compete in their correct competition bib after a team change, Rule 2.12 will apply.

- 2.11 A Competitor must wear their assigned competition bib correctly and visibly during course inspection as advised by the Start Officials. If Competitors misplace their bib, they must report to the Event Office before their event to receive a replacement bib. Schools will be charged \$5 for a replacement bib.
- 2.12 A Competitor will be disqualified if they do not wear their assigned competition bib correctly and visibly during competition, i.e., in a competition bib that is not assigned to them.
- 2.13 Concussion must be taken seriously to safeguard the long-term welfare of all competitors. Snow Australia is committed to protecting the health and well-being of everyone that participates in snow sports. It is for this reason that Snow Australia has updated and made amendments to the Concussion Policy to include the Concussion management guidelines. These guidelines are in accordance with the most recent and relevant information from the Consensus Statement on Concussion in Sport (SCAT5). Refer to <a href="https://www.snow.org.au/info-hub/concussion/">https://www.snow.org.au/info-hub/concussion/</a> for more information.



#### Section Three - Start Order & Procedures

- 3.1 The starting order in each discipline and division will be determined by a random draw (generated by the Online Entry System), whereby Team A from each school will be drawn first, followed by Team B from each school and so on.
- 3.2 At all NSW/ACT/QLD/SA events, competitors will run in numerical order for all events. At National level, the second run will also be in numerical order when the event is held in NSW.
- 3.3 The course is available for inspection prior to the scheduled event time and closes 10 minutes before event start. These times can be subject to change as determined by the Resort Race Department, and/or the Interschools Committee Representative. Competitors must wear helmets and have their competition bibs visible. (See discipline rules for specifics on course inspection.) Team Managers and Coaches are permitted to inspect the course with competitors. Helmets are mandatory at all times for all/any Course Officials, Volunteers, Team Managers, Teachers, Parents or Coaches who enter the course arena. Competitors from other courses, families and friends are not permitted to go down the course at this time.
- 3.4 The Course Official/s at the top of the course shall indicate any special course inspection rules for each course event. In normal snow, weather and event operational conditions, course inspections through a slow snowplough (Ski) or slow falling-leaf (Snowboard) will follow the line of the course, and include passage through & over the finish line. At times, course inspections may be altered to involve off-line and/or around the finish line passage. This would be indicated to competitors and team managers / parents, at the top of the course.
- 3.5 A Competitor who is late for a start or who is not ready for a start with their ski or snowboard equipment, helmet and/or competition bib on prior to the start of their run; will compete at the end of their gender and division.
- 3.6 When a competitor is within 10 competition starts, they must have all equipment on including bib, skis, snowboard, helmet, gloves, and appropriate competition attire pertaining to each discipline.
- 3.7 When a competitor is within 10 competition starts of their start, Coaches, Parents, Team Managers, Teachers, and all other spectators must not be in the designated 'Competitor Only' start area. The 'Competitor Only' start area is determined by the mountain Race Department and Interschools Start Referee on the day.
- 3.8 In severe weather and /or adverse snow conditions that potentially affects competitor safety, Rule 3.6 may be altered by the Interschools Chief of Competition in consultation with both the Race Department in timed events, and the Head Judge in scored events.



#### **Section Four - Course Information**

- 4.1 The course will be set by the Chief of Course in consultation with the Chief of Competition.
- 4.2 All course maintenance work is carried out under the direction of the Chief of Course. This is generally 'slide slipping' carried out by Resort Race Department staff and/or Resort Snowsports staff. In exceptional circumstances, other persons with known course work experience may be invited to assist with course work. In all circumstances course workers must follow the direction of the Chief of Course or their delegate and must work in groups. Coaches, Team Managers, Parents or Spectators are not permitted on-course without the direct permission of the Chief of Course or their delegate.
- 4.3 A Competitor's ski or snowboard and both feet must pass across THE GATE LINE (the imaginary line between a gate and side of course). If the course is not completed correctly, the relevant gate judge will record a disqualification next to the competitor's bib number and complete a diagram of the fault.
- 4.4 With the exception of Moguls and Slopestyle, if a competitor comes to a complete stop (e.g., after a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.

The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitor's run. The competitor is <u>not</u> permitted to hike or hop uphill toward a missed gate.

Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. If the competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.

- 4.5 If obstructed during his or her run due to catching up to the competitor ahead of them or a Course Worker on course (as examples), the competitor may choose to leave the course and report the obstruction. In order to obtain a provisional re-run due to the obstruction, the competitor must follow all of these steps:
  - pull off to the side of the course
  - ski or snowboard to the bottom of the course
  - do not cross the finish line
  - report to the Finish Referee.

If these steps are taken, a provisional re-run will be granted and will be valid only if the Competition Jury confirm it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. If the competitor goes around the obstruction and crosses the finish line, or does not report to the Finish Referee, they will <u>not</u> receive a re-run.

4.6 In Alpine and Ski Cross, if a competitor loses <u>both</u> skis, they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. If the competitor DOES cross the finish line, they may be disqualified for continuing.

<u>Exception:</u> In the event that a competitor loses both skis after the last gate, they may cross the finish line without skis.



In Alpine and Ski Cross, if a competitor loses <u>one</u> ski, they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. If the competitor DOES cross the finish line, they may be disqualified for continuing.

<u>Exception</u>: In the event that a competitor loses one ski without having committed a gate fault or without coming to a complete stop, they may continue if there are <u>no more than</u> two gates to complete on one ski before the finish.

NOTE: BOTH ski boots must pass ALL gates correctly. Provided that a ski is connected to a ski boot, it must always pass the gate-line correctly.

- 4.7 In Snowboard GS and Snowboard Cross, if a competitor becomes unstrapped from their board and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF (Did Not Finish) for that run. If the competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.
  - If a snowboard competitor misses a gate but does not come to a complete stop, they can snowboard (downhill only no hopping/hiking uphill is permitted) to the missed gate and both boots must cross the imaginary line to record a time for the run. A competitor must not be physically assisted during their run unless for safety reasons.
- 4.8 A competitor must not be physically assisted during his or her run unless for safety reasons. They will record a DSQ (disqualification) for that run if they are assisted.
- 4.9 After crossing the finishing line, the competitor must immediately leave the run-out zone. The run-out zone is a dangerous area and must be always kept clear. Spectators and Team Managers are forbidden to be in this zone.
- 4.10 The Interschools Committee reserves the right on any day of the Championships to postpone, reschedule, relocate (from the original advertised location) or cancel (one run or both), any events due to adverse or unsafe weather or snow conditions or forecast conditions, subject to the determination of the Interschools Committee and the respective Alpine Resort.



# Section Five – Procedures at the Start, Finish & Disqualification & Presentations.

- 5.1 After crossing the finish line, competitors must slow down, turn, and show their competition bib to the Finish Referee, then immediately leave the run-out zone.
- 5.2 The run-out zone is a dangerous area and must be kept clear at all times. Parents, Coaches and Spectators are forbidden in this zone.
- 5.3 A competitor will record a **DNF (Did not Finish)** if he/she:
  - Did not ski or snowboard through the finish line
  - Except for Moguls and Slopestyle, if a competitor comes to a complete stop (eg, after a fall) they must no longer continue. Refer to Rule 4.4
  - In Alpine and Ski Cross, if a competitor loses both skis. Refer to Rule 4.6
  - In Alpine or Ski Cross, if a competitor loses <u>one</u> ski. Refer to Rule 4.6
  - In Snowboard GS, if a competitor becomes unstrapped from their board. Refer to rule 10.8.
  - In Snowboard Cross, if a competitor becomes unstrapped from their board. Refer to rule 12.9.
  - In Snowboard Slopestyle, if a competitor becomes unstrapped from their board, and/or breaks and/or ejects from their bindings. Refer to rule 15.17
- 5.4 A competitor will be **Disqualified (DSQ)** if he/she:
  - Does not wear their helmet and/or competition bib correctly and visibly during course inspection and event
  - Does not wear the correct competition bib number
  - Receives assistance in any form during the course
  - Fails to pass through all gates by crossing the line between the gates with ski or snowboard and BOTH feet
  - Continues the course after coming to a complete stop. Refer to Rule 4.4
  - Is proven to have used fluoro-wax for equipment used on course during the timed/scored runs
  - Behaves in an improper way toward members of the Competition Jury, the Organising Officials, Interschools Committee or Resort Personnel. This includes unsportsmanlike behavior or conduct, and unjustifiable requests for a re-run.
- 5.5 The times specified by the electronic clocks and live timing are indicative only, and do not represent the actual times in all circumstances. Electronic clocks are used at the discretion of the Resorts and Interschools Committee.
- 5.6 Protests IN WRITING by School Coordinators only will be considered after results have been published within 24 hours.
- 5.7 Video evidence and screen shots of live timing will <u>not</u> be considered for a disqualification protest.
- The Competition Jury will decide on protests by majority vote and its decision will be final. The Competition Jury will consist of: (1) the Chief of Course; (2) the Chief of Competition; (3) Snow Australia appointment. The Interschools Snowsports Committee reserves the right to vary the make-up of the Competition Jury dependent upon suitability.



- 5.9 Abuse of Course Officials will not be tolerated under any circumstances. The Interschools Committee reserves the right to exclude and/or disqualify individuals, teams, **parents**, schools from the competitions as necessary.
- 5.10 The interruption of awards presentations will not be tolerated under any circumstances. We are happy to answer questions <u>following</u> the ceremony and will accept appeals and/or requests to review specific results. The Interschools Committee reserves the right to exclude and/or disqualify individuals, teams and/or schools from the ceremonies and/or the competitions if necessary.
- 5.11 No competitor's skis and/or snowboard are permitted on the podium at the Presentations.

  Competitors who deliberately and/or openly defy this rule may be disqualified and/or may be refused progression to the State and/or Australian Event. Competitors wishing to take promotional photos with their skis and/or snowboard can do this after the Presentations and must have the permission of the venue owner.
- 5.12 If School Coordinators, Parents or Competitors do not follow the Code of Conduct listed in Section 16, this may result in Champion School Points being deducted from the Overall Point Scores and/or disqualification to individual and/or team.
- 5.13 No competition bibs are to be discarded on course or mountain. If competition bibs are found, they can be identified, and those competitors will be asked to donate \$50 to the Kosciuszko National Parks & Wildlife Service.



# **Section Six – Timing, Calculations & Results**

- 6.1 For calculation of team results see the specific discipline rules.
- 6.2 Results enquiries must be submitted, in writing, within 24 hours of results being published via School Coordinators.
- 6.3 Presentations will take place in an area and at a time to be designated by the Interschools Committee, as soon as possible after the completion of the competition.
- 6.4 The three fastest times or highest scores of individuals and teams for each discipline will be awarded at the Regional, State and National Championships.
- **6.5** At the NSW/ACT/QLD State Championships, **Champion School Trophies** are presented to the:
  - **1.) Primary Female Overall Champion School**, which combines all **Ski** Alpine GS / Ski Cross / Moguls + **Snowboard** SBGS / SB Cross + **Cross Country** Classic / Relay, results.
  - 2.) Primary Male Overall Champion School, which combines all Ski Alpine GS / Ski Cross / Moguls + Snowboard SBGS / SB Cross + Cross Country Classic / Relay, results.
  - 3.) Primary CO-ED Overall Champion School, which combines all Ski Alpine GS / Ski Cross / Moguls + Snowboard SBGS / SB Cross + Cross Country Classic / Relay, results.
  - **4.) Secondary Female Overall Champion School**, which combines all **Ski** Alpine GS / Ski Cross / Moguls + **Snowboard** SBGS / SB Cross + **Cross Country** Classic / Relay, results.
  - **5.)** Secondary Male Overall Champion School, which combines all Ski Alpine GS / Ski Cross / Moguls + Snowboard SBGS / SB Cross + Cross Country Classic / Relay, results.
  - **6.) Secondary CO-ED Overall Champion School**, which combines all **Ski** Alpine GS / Ski Cross / Moguls + **Snowboard** SBGS / SB Cross + **Cross Country** Classic / Relay, results.

Following the NSW/ACT/QLD State Championships, Interschools will publish the honour-board lists of the Top 20 performing schools in the Ski Discipline, Snowboard Discipline, and Cross Country Discipline events. This will include:

- 1.) **Primary Female Ski Champion School**, which combines all **Ski Disciplines** Alpine GS / Ski Cross / Moguls, results.
- 2.) **Primary Male Ski Champion School**, which combines all **Ski Disciplines** Alpine GS / Ski Cross / Moguls, results.
- 3.) **Primary CO-ED Ski Champion School**, which combines all **Ski Disciplines –** Alpine GS / Ski Cross / Moguls, results.
- 4.) **Secondary Female Ski Champion School**, which combines all **Ski Disciplines** Alpine GS / Ski Cross / Moguls / Slopestyle Ski, results.
- 5.) **Secondary Male Ski Champion School**, which combines all **Ski Disciplines** Alpine GS / Ski Cross / Moguls / Slopestyle Ski, results.
- 6.) **Secondary CO-ED Ski Champion School**, which combines all **Ski Disciplines** Alpine GS / Ski Cross / Moguls / Slopestyle Ski, results.
- 7.) **Primary Female Snowboard Champion School**, which combines all **Snowboard Disciplines** Snowboard GS / Snowboard Cross, results.
- 8.) **Primary Boys Snowboard Champion School**, which combines all **Snowboard Disciplines** Snowboard GS / Snowboard Cross, results.
- 9.) **Primary CO-ED Snowboard Champion School**, which combines all **Snowboard Disciplines** Snowboard GS / Snowboard Cross, results.

- 10.) Secondary Female Snowboard Champion School, which combines all Snowboard Disciplines Snowboard GS / Snowboard Cross / Snowboard Slopestyle, results.
- 11.) Secondary Male Snowboard Champion School, which combines all Snowboard Disciplines Snowboard GS / Snowboard Cross / Snowboard Slopestyle, results.
- 12.) Secondary CO-ED Snowboard Champion School, which combines all Snowboard Disciplines Snowboard GS / Snowboard Cross / Snowboard Slopestyle, results.
- 13.) **Primary Female Cross Country Champion School**, which combines both **Cross Country Disciplines** Cross Country Classic / Cross Country Relay, results.
- 14.) **Primary Male Cross Country Champion School**, which combines both **Cross Country Disciplines** Cross Country Classic / Cross Country Relay, results.
- 15.) **Primary CO-ED Cross Country Champion School**, which combines both **Cross Country Disciplines** Cross Country Classic / Cross Country Relay, results.
- 16.) Secondary Female Cross Country Champion School, which combines both Cross Country Disciplines Cross Country Classic / Cross Country Relay, results.
- 17.) Secondary Male Cross Country Champion School, which combines both Cross Country Disciplines Cross Country Classic / Cross Country Relay, results.
- 18.) Secondary CO-ED Cross Country Champion School, which combines both Cross Country Disciplines Cross Country Classic / Cross Country Relay, results.
- 6.6 At the National Championships, Champion School Awards will be presented to Primary Female, Primary Males, Primary Co-Ed, and Secondary Female, Secondary Male, Secondary Co-Ed.
- 6.7 Points for School Championship awards will be awarded as follows:
  - First Team = 12 points, Second Team = 10 points, Third Team = 8 points, Fourth Team = 7 points, Fifth Team = 6 points, Sixth Team = 5 points, Seventh Team = 4 points, Eighth Team = 3 points, Ninth Team = 2 points, Tenth Team = 1 points.
  - Where a school enters more than one team per division in a discipline, the points for that school's best (one) team only will contribute to the Championship School points.
- Resort Timing Huts or Resort Timers must not be approached or interrupted during and after events. All result enquiries must be directed to the Interschools Committee via School Coordinators.



#### **Section Seven - State & National Selections**

#### **NSW Qualification Rules:**

- 7.1 From the NSW Regional Championships (Northern NSW, Sydney, Southern NSW), <u>subject to confirmed competitive times/scores</u>, up to the top 5 NSW placed teams and up to the top 15 individual NSW competitors from divisions and disciplines will be eligible to compete in the NSW/ACT/QLD State Championship (subject to Interschools Committee analysis).
- 7.2 From the South Australia & Regional NSW Championships, <u>subject to confirmed competitive</u> <u>times/scores</u>, and <u>based upon results and competency to compete in a State level event</u>, up to the top 5 NSW placed teams and up to the top 15 individual NSW competitors from divisions and disciplines will be eligible to compete in the NSW/ACT/QLD State Championship (<u>subject to Interschools Committee analysis</u>).
- 7.3 In the situation that less than the top 5 teams and top 15 individuals from a Regional Championship have been invited in a division, the Interschools Committee will review the results of all teams and individuals at <u>ALL</u> Regional events and <u>may</u> invite additional teams and/or individuals to the NSW/ACT/QLD State Championship, who have achieved **confirmed** competitive times **or scores**. Finalised invitations will be posted on the Interschools website soon after the end of all Regional Championships.
- 7.4 Each team participating in the NSW/ACT/QLD State Championships must have <u>one</u> original team member who qualified in the Regional Championships. **Each team participating in the Australian Championships must have <u>one</u> original team member who qualified in the NSW/ACT/QLD State Championships. For rules on team changes once the Championships have commenced, please refer to Rule 2.10.**
- 7.5 From the NSW/ACT/QLD State Championships, <u>subject to confirmed competitive times/scores</u>, up to the top 6 NSW placed teams and up to the top 20 individual NSW competitors from divisions and disciplines (including Slopestyle), will be eligible to compete in the Australian Interschools Championship (subject to Interschools Committee analysis).

#### ACT, QLD, SA and International Qualification Rules to the Australian Event:

- 7.6 From the Northern NSW & QLD Championship, <a href="mailto:subject to confirmed competitive times/scores">subject to competitive times/scores</a>, who place as the top 2 QLD teams, along with the top 6 placed QLD individuals, from all divisions and disciplines, <a href="mailto:may">may</a> be eligible to compete in both the NSW/ACT/QLD State Championship and the Australian Interschools Championship (subject to Interschools Committee analysis). PLEASE NOTE that this Championship is recognised as the QLD STATE Championship, and the pathway for QLD participants to qualify for the Australian Championships.
- 7.7 From the ACT & Regional NSW Championship, <u>subject to confirmed competitive times/scores</u>, who place as the <u>top 3 ACT teams</u>, along with the <u>top 8 placed ACT</u> individuals, from all divisions and disciplines, <u>may</u> be eligible to compete in both the NSW/ACT/QLD State Championship and the Australian Interschools Championship (<u>subject to Interschools Committee analysis</u>). <u>PLEASE NOTE that this Championship is recognised as the ACT STATE Championship, and the pathway for ACT participants to qualify for the Australian Championships.</u>

# **2023 Rules of Competition**

- 7.8 From the South Australia, TAS & Regional NSW Championships, subject to confirmed competitive times/scores and based upon results, and competency to compete in a National event, who place as the top 2 TAS & SA teams, along with the top 6 placed TAS & SA individuals, from all divisions and disciplines, may be eligible to compete in both the NSW/ACT/QLD State Championship and the Australian Interschools Championship (subject to Interschools Committee analysis). PLEASE NOTE that this Championship is recognised as the South Australian STATE Championship, and the pathway for South Australian participants to qualify for the Australian Championships.
- 7.9 From the NSW/ACT/QLD State Cross Country Championship, <u>subject to confirmed competitive</u> <u>times</u>, who place as the <u>top 2 ACT & QLD</u> teams, along with the <u>top 6 ACT & QLD</u> individuals, from all divisions, <u>may</u> be eligible to compete in the Australian Interschools Championship (<u>subject to Interschools Committee analysis</u>).
- 7.10 From any Regional Championship, <u>subject to confirmed competitive times/scores</u>, International teams who place within the overall top 6 team placings, along with International individual competitors who place in the overall top 15 individuals, from all divisions and disciplines, will be eligible to compete in both the NSW/ACT/QLD State Championship and the Australian Interschools Championship (subject to Interschools Committee analysis).

#### **General Qualification Rules:**

- 7.11 Where the Australian Championships is preceded by a State qualifying event, each team participating in the Australian Championships must have <u>one</u> original team member who qualified in the State Championships. For rules on team changes once the Championships have commenced, please refer to Rule 2.10.
- 7.12 For mogul competitors, a minimum acceptable score (for Championship progression) will be determined by the Interschools Committee following completion of each event, and before invitations are extended to the next level of competition. Historically this has been a score which is a minimum 40% of the total attainable score (24/60) and is often as high as 50% of the total attainable score (30/60). The minimum progression score determined reflects the level of the Championships (Regional or State), the division level, the course conditions, and the quality of the competitor field. Mogul Team members (all individual members) progressing through to the next level of competition must meet the minimum standard.
- 7.13 Only teams and individuals that are included on the official State and National invite lists, or have been officially advised by the Interschools Committee, are eligible to enter and compete in the NSW/ACT/QLD State and/or Australian Championships. Competitors must compete in the division in which they qualified in.
- 7.14 For the NSW/ACT/QLD State Championship, all additional new entry enquires must be emailed by the School Coordinator to the Committee within 7 days of the opening of the online entry system. For the Australian Championship, all additional new entry enquires must be emailed by the School Coordinator to the Committee within 2 days of the opening of the online entry system. Any applications received out of this set period may not be considered.



7.15 The National Interschools committee may consider exemptions for identified athletes who are unable to compete due to training and/or competition commitments who fall within the following criteria. No exemptions for medical reasons will be accepted.

Please note: Exemptions are discipline specific. For example, a Snowboard competitor will only receive an exemption for Snowboard GS, Snowboard Cross and/or Snowboard Slopestyle.

Applications will be accepted from:

- (a) Competitors who are currently part of a Snow Australia Emerging Talent Program (ETP) and/or NSWIS Scholarship program or higher. An exemption application must be submitted to the National Interschools Committee prior to the close of entries for the Regional or State Championships. Once an exemption has been verified by the Snow Australia Performance Manager and approved by the National Interschools Committee, the competitor can enter the State or Australian Championships as an individual competitor for the discipline the exemption has been approved for. Alternatively, the competitor can be entered into a school team for any discipline that has already qualified as per Rules 7.1 to 7.9. If the exempt competitor replaces an original team member, all original Regional level team members will still receive an invite to compete at the NSW/ACT/QLD State Championship within a team or as individual competitor.
- (b) NSW Clubs Perisher Winter Sports Club, Thredbo Ski Racing Club, and the Thredbo Mountain Academy for Alpine and Ski Cross disciplines: NSW Clubs will submit a list of Alpine and Ski Cross competitors who meet the NSW Club Exemption Criteria for approval to the National Interschools Committee prior to the close of entries for the Regional Championships. Exemptions are for the Regional Championships only and are discipline specific to Alpine and Ski Cross only. Approved competitors will not be allowed to compete in any other Interschools discipline during the Regional Championships.
  - Once an exemption has been approved by the National Interschools Committee, the competitor can enter the State Championships as an individual competitor for the discipline the exemption has been approved for. Alternatively, the competitor can be entered into a school team for any discipline that has already qualified as per Rules 7.1 to 7.9. If the exempt competitor replaces an original team member, all original Regional level team members will still receive an invite to compete at the NSW/ACT/QLD State Championship within a Team or as Individual competitor.
- (c) The National Interschools Committee may consider applications from competitors who may not have competed at the Regional or State Championships due to participation at FIS or other Snow Sport Discipline Calendar events, and/or recognised and agreed Pathways training programs (on the day/s of the Championships), to compete at the State and/or National Championships as an individual competitor only. Times/placings from team individuals in the preceding year will be viewed to determine application outcomes. Exemptions are discipline specific. For example, a Snowboard competitor will only receive an exemption for Snowboard GS, Snowboard Cross and/or Snowboard Slopestyle.

Once an exemption has been approved by the National Interschools Committee, the individual can enter the State Championships as an individual competitor for the discipline the exemption has been approved for. Alternatively, the competitor can be entered into a school team for any discipline that has already qualified as per Rules 7.1 to 7.9. If the exempt Competitor replaces an original team member, all original Regional level team members will



still receive an invite to compete at the NSW/ACT/QLD State Championships within a Team or as Individual competitor.

7.16 From the State Slopestyle Championship, **up to** the top 20 individual competitors from Divisions 1-3, having received a minimum acceptable score, will be eligible to compete in the Australian Interschools Championship. **In 2023,** this will include <u>up to</u> the top 6 teams. **Slopestyle Team**Members (all individual members) progressing through to the next level of competition must meet the minimum standard.

For State Slopestyle competitors a minimum acceptable score (for National Championship progression) will be determined by the Interschools Committee following completion of each event, and before invitations are extended to the National level of competition. Historically this has been a score which is a minimum 45% of the total attainable score (45/100) and is often as high as 55% of the total attainable score (55/100).

The minimum progression score determined by the Interschools Committee reflects the Championship division level (competitor age), the course conditions, and the skill-level and quality of the athlete field. In 2023, National Championship points will be awarded to Slopestyle event results and individual and team medals will be awarded at the Australian Championships.



# **Section Eight – Course Official**

- 8.1 It is recommended that Course Officials complete the Online Interschools Officials Training Course before their first volunteer role for the season. Click <u>HERE</u> to complete the course.
- 8.2 Course Officials scheduled on the published roster must check into the Interschools Event Office at least 30 minutes prior to the advertised course inspection time and then report to the course before inspection time. If Volunteers fail to check in at the Event Office or fail to report to the top of the course after checking into the Event Office, the school will be penalised \$120 per Official.
- 8.3 Course Officials must not discuss faults or results with Coaches, Competitors or Spectators.
- 8.4 The Start Referee is responsible for procedures at the top of the course, including communicating when course inspection is open and making sure course inspection rules are adhered to, recording the start order of competitors and informing competitors who have missed their start when they can complete the course.
- 8.5 Start Marshalls are responsible for competition bibs to be worn by competitors for course inspection, calling competitors to line-up in bib order, place competitors who do not arrive in time or are not ready for their start at the end of their gender and division, control the excess personnel in the start area such as Coaches, Team Managers and Parents, ensure that competitors helmets are secure, making sure competition bibs can be seen and read by Officials, goggles are on and ski boot buckles are clipped up, and that the competitors wear satisfactory protective clothing.
- 8.6 The Finish Referee is responsible for procedures at the bottom of the course, including recording the finish order of the competitors, controlling the safety of the run-out zone of the Finish area, judging and informing competitors and officials if a re-run is required and recording disqualifications after each run as reported by the Chief of Gates.
- 8.7 The Chief of Gates is responsible for placing Gate Judges in a safe and visible position on the course, briefing Gate Judges on the correct passage competitors must take on their gates, collecting DSQ and DNFs from Gate Judges after each run and communicating them to the Finish Referee and finish area, where possible. They must make sure that the Gate Judges on course understand their duty.
- 8.8 Gate Judges are responsible for recording whether competitors have cleared gates correctly or by a fault.
- 8.9 Gate Judges are not permitted to instruct competitors whilst they are competing, unless for safety reasons whereby:
  - A Competitor who comes off the course and believes they have been hindered and approaches
    a Gate Judge, they must instruct the Competitor to report to the Finish Referee and not cross the
    finish line;
  - A Competitor has fallen and another competitor is on course behind them, Gate Judges may ask competitors to move out of the way, if possible.
- 8.10 Course Officials are not permitted on the course unless for safety reasons.
- 8.11 All Course Officials must wear an approved Snowsports Helmet at all times within the course arena.



- 8.12 Course Officials must be observant at all times when they are on duty, therefore they are prohibited from filming teams or individual competitors via mobile phones and/or video cameras during the event and must limit mobile phone use to emergency calls only. iPods or other music/radio devices must not be used. We request that Course Officials are not accompanied by smaller children whilst on duty.
- 8.13 Course Officials must not give physical assistance to competitors on course, for example giving back equipment lost on course.



# The following sections of these rules are applicable to <u>each</u> discipline within the Interschools Competition.

# **Section Nine - Alpine**

- 9.1 The team consists of a minimum of three and maximum of four competitors who are enrolled at the same school.
- 9.2 Each competitor will have two runs in numerical order for both runs, unless precluded by weather or course condition or incompetence.
- 9.3 At the Regional and State Championships, the team result combines the times from the three fastest competitors (from either their first or second run).
- 9.4 At the Regional and State Championships, individual results are determined from competitors best time of two valid runs.
- 9.5 At the National Championships, the team result combines the times from the three fastest competitors from run 1 and run 2.
- 9.6 At the National Championships, individual results are determined from the combined times of competitors two runs.
- 9.7 The course will be a Giant Slalom set suitable for the level of competition.
- 9.8 Course inspection is not a practice run. It is to familiarise competitors with the setting of the course. Course inspection may be carried out by side slipping or a very slow snow plough, through the gates or as designated by the Chief of Course. Failure to comply with this rule may be a cause for disqualification. With marginal snow conditions, the availability of and/or the method of course inspection will be at the discretion of the Chief of Course. Course inspection will close 10 minutes prior to the start time.
- 9.9 If a competitor loses both skis, they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. If the competitor DOES cross the finish line, they may be disqualified for continuing.

<u>Exception:</u> In the event that a competitor loses both skis after the last gate, they may cross the finish line without skis.

If a competitor loses one ski, they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. If the competitor DOES cross the finish line, they may be disqualified for continuing.

<u>Exception:</u> In the event that a competitor loses one ski without having committed a gate fault or without coming to a complete stop, they may continue if there are <u>no more than</u> two gates to complete on one ski before the finish.

NOTE: BOTH ski boots must pass ALL gates correctly. Provided that a ski is connected to a ski boot, it must always pass the gate-line correctly.



9.10 If a competitor comes to a complete stop (e.g., after a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.

The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitor's run. The competitor is <u>not</u> permitted to hike or hop uphill toward a missed gate.

Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. If the competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.

A competitor must not be physically assisted during their run, unless for safety reasons. They will record a DSQ (disqualification) for that run if they are assisted.

- 9.10 If obstructed during a run due to catching up to the competitor ahead of them or a Course Worker on course, as examples, the competitor may choose to leave the course and report the obstruction. To obtain a provisional re-run due to the obstruction the competitor must follow all these steps:
  - pull off to the side of the course
  - ski to the bottom of the course
  - do not cross the finish line
  - report to the Finish Referee.

If these steps are taken, a provisional re-run will be granted and will be valid only if the Competition Jury confirm it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. If the competitor goes around the obstruction and crosses the finish line, or does not report to the Finish Referee, they will not receive a re-run.

- 9.11 After crossing the finishing line, the competitor must immediately leave the run-out zone. The run-out zone is a dangerous area and must be always kept clear. Spectators and Team Managers are forbidden to be in this zone.
- 9.12 All competitors shall use a recognised release DIN binding system and devices to prevent runaway ski(s).
- 9.13 All Competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 9.14 Race suits are permitted in Divisions 1-3 Alpine GS events. Race suits are not permitted in Division 4,5 & 6 events.
- 9.15 Competitors in Divisions 4, 5 & 6 must wear either a Snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will **NOT BE PERMITTED** on-course when competing and/or training. This rule is in-line with NSW Department of Education School Snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.
- 9.16 Competitors in Division 1-3 that are not wearing a Race Suit must wear either a Snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will **NOT BE PERMITTED** on-course when competing and/or training. This rule aligns with NSW Department of Education School Snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.



- 9.17 Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection.
- 9.18 For **disqualification** grounds, see Section Five.



#### Section Ten - Snowboard GS

- 10.1 The team consists of a minimum of two and a maximum of three competitors enrolled at the same school.
- 10.2 Each competitor will have two runs in numerical order for both runs, unless precluded by weather or course condition or incompetence.
- 10.3 At the Regional and State Championships, the team result combines the times from the two fastest competitors (from either their first or second run).
- 10.4 At the Regional and State Championships, individual results are determined from competitors best time of two valid runs.
- 10.5 At the National Championships, the team result combines the times from the two fastest competitors from run 1 and run 2.
- 10.6 At the National Championships, individual results are determined from the combined times of competitors two runs.
- 10.7 The course will be a Giant Slalom set suitable for the level of competition.
- 10.8 Course inspection is not a practice run. It is to familiarise competitors with the setting of the course. Course inspection may be carried out by "falling leaf" through the gates or as designated by the Chief of Competition. Failure to comply with this rule may be a cause for disqualification. With marginal snow conditions, the availability of and/or the method of course inspection will be at the discretion of the Chief of Course. Course inspection will close 10 minutes prior to the start time.
- 10.9 If a competitor becomes unstrapped from their board and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF (Did Not Finish) for that run. In the event that the said competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.
- 10.10 If a competitor misses a gate but does not come to a complete stop, they can snowboard (downhill only no hopping/hiking uphill is permitted) to the missed gate and both boots must cross the imaginary line to record a time for the run. A competitor must not be physically assisted during their run unless for safety reasons.
- 10.11 If obstructed during a run due to catching up to the competitor ahead of them or a Course Worker on course, as examples, the competitor may choose to leave the course and report the obstruction. To obtain a provisional re-run due to the obstruction the competitor must follow all these steps:
  - pull off to the side of the course
  - snowboard to the bottom of the course
  - do not cross the finish line
  - report to the Finish Referee.

If these steps are taken, a provisional re-run will be granted and will be valid only if the Competition Jury confirm it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. If the competitor goes around the obstruction and crosses the finish line, or does not report to the Finish Referee, they will not receive a re-run.



- 10.12 After crossing the finishing line, the competitor must immediately leave the run-out zone. The run-out zone is a dangerous area and must be always kept clear. Spectators and Team Managers are forbidden to be in this zone.
- 10.13 All competitors must take precautions to prevent runaway boards.
- 10.14 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 10.15 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs if not wearing a race suit. Race suits are permitted in Divisions 1-3 Snowboard GS. Race suits are not permitted in Division 4 & 5 events. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants will NOT BE PERMITTED on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.
- 10.16 Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection.
- 10.17 For **disqualification** grounds, see <u>Section Five.</u>



# **Section Eleven - Moguls**

- 11.1 Please refer to the *Interschools Judging Guide* for information on how the discipline is scored, etc.
- 11.2 The team consists of a minimum of two and a maximum of three competitors enrolled at the same school.
- 11.3 In most cases, each competitor will have two judged runs. If the conditions and scheduling are unfavorable on the day of the event, there will be one judged run.
- 11.4 The team result combines the scores from the two highest scoring competitors (from either their first or second run).
- 11.5 Individual results are determined from competitors best score of two valid runs.
- 11.6 The course will be set suitable for the level of competition.
- 11.7 Each competitor's run will be judged by a minimum of three judges with criteria as follows:
  - <u>Turns:</u> 2/3rds quality and quantity of turns made down the fall line of the mogul slope.
  - <u>Air:</u> 1/3<sup>rd</sup> a maximum of two different spontaneous upright jumps should be performed throughout the run. <u>NO</u> somersaults (inverts) are permitted. Prior to the mogul event, the Jury shall confirm the number of aerial maneuvers recommended for the course. This will be the number that receives evaluation.
  - Speed: Speed time is NOT a scoring component.
- 11.8 The course is open for inspection and practice runs until 10 minutes prior to the start time of the competition. Where possible, practice runs will be run in numerical competition bib order.
- 11.9 The competitor must ski within the marked (fenced) course. If the boots of the competitor cross out of bounds, then the competitor is disqualified.
- 11.10 If obstructed during his or her run, the competitor must immediately leave the course, ski to the bottom of the course, consult the Head Judge and request a re-run. The competitor is NOT to finish the run.
- 11.11 The competitor will be judged according to their performance. If the competitor loses one ski and does not continue their run by putting their ski back on in the 10 second time limit, they should exit the course as soon as possible and will be judged up to that point. If a competitor loses both skis, they should exit the course as soon as possible and will be judged up to that point. If a competitor stops in the mogul course for more than 10 seconds, the competitor should exit the course as soon as possible and will be scored to that point.
- 11.12 Competitors performing an "illegal jump" such as an inverted off axis jump will be disqualified and receive a total score of 0.
- 11.13 Competitors falling as a direct result of the jump will have their air score deducted depending on the severity of the fall.



- 11.14 A competitor who does not demonstrate sufficient competency in the opinion of the Head Judge may be asked to leave the course.
- 11.15 All competitors must use ski equipment of a minimum length consistent with recognised mogul competitions. Skiboards, Figls, Big Feet or similar will not be allowed.
- 11.16 All competitors shall use a recognised release DIN binding system and devices to prevent runaway ski(s).
- 11.17 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 11.18 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their scored runs. Race suits are not permitted. Outwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants **NOT BE PERMITTED** on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.
- 11.19 Procedures at Finish. After crossing the finishing line, the competitor must immediately leave the run-out zone. The run-out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.
- 11.20 Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection.
- 11.21 For **disqualification** grounds, see <u>Section Five.</u>



#### Section Twelve - Snowboard Cross & Ski Cross

- 12.1 The team consists of a maximum of three and a minimum of two competitors who are enrolled at the same school.
- 12.2 Each competitor will have two runs in numerical order for both runs, unless precluded by weather or course conditions or incompetence.
- 12.3 The team result combines the times from the two fastest competitors (from either their first or second run).
- 12.4 Individual results are determined from competitors best time of two valid runs.
- 12.5 The course will be a terrain type course, marked with gates flags and other markings and will have a series of man-made and natural obstacles, (ie, jumps, rolls, waves, table tops, banked turns, etc) set suitable for the level of competition.
- 12.6 Course inspection is not a practice run. It is to familiarise competitors with the setting of the course. Course inspection may be carried out by side slipping, a very slow snow plough or "falling leaf", through the gates or as designated by the Chief of Course. Failure to comply with this rule may be a cause for disqualification. With marginal snow conditions, the availability of and/or the method of course inspection will be at the discretion of the Chief of Course. Course inspection will close 10 minutes prior to the start time.
- 12.7 In Ski Cross, if a competitor loses both skis, they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. If the competitor DOES cross the finish line, they may be disqualified for continuing.

<u>Exception:</u> In the event that a competitor loses both skis after the last gate, they may cross the finish line without skis.

If a competitor loses one ski, they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. If the competitor DOES cross the finish line, they may be disqualified for continuing.

<u>Exception</u>: In the event that a competitor loses one ski without having committed a gate fault or without coming to a complete stop, they may continue if there are <u>no more than</u> two gates to complete on one ski before the finish.

NOTE: BOTH ski boots must pass ALL gates correctly. Provided that a ski is connected to a ski boot, competitors must always pass the gate-line correctly.

12.8 In Snowboard Cross, if a competitor becomes unstrapped from their board and/or comes to a complete stop, they must pull off to the side of the course and not complete the rest of their run. They will record a DNF (Did Not Finish) for that run. If the competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.

If a competitor misses a gate but does not come to a complete stop, they can snowboard (downhill only – no hopping/hiking uphill is permitted) to the missed gate and both boots must cross the imaginary line to record a time for the run. A competitor must not be physically assisted during their run unless for safety reasons.

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12.9 With the exception of Moguls and Slopestyle, if a competitor comes to a complete stop (eg, after a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.

The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitor's run. The competitor is <u>not</u> permitted to hike or hop uphill toward a missed gate.

Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. If the competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.

A competitor must not be physically assisted during their run, unless for safety reasons. They will record a DSQ (disqualification) for that run if they are assisted.

- 12.10 If obstructed during his or her run due to catching up to the competitor ahead of them or a Course Worker on course, as examples, the competitor may choose to leave the course and report the obstruction. In order to obtain a provisional re-run due to the obstruction the competitor must follow all these steps:
  - pull off to the side of the course
  - ski or snowboard to the bottom of the course
  - do not cross the finish line
  - report to the Finish Referee.

If these steps are taken, a provisional re-run will be granted and will be valid only if the Competition Jury confirm it. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified for that run. If the competitor goes around the obstruction and crosses the finish line, or does not report to the Finish Referee, they will not receive a re-run.

- 12.11 After crossing the finishing line, the competitor must immediately leave the run-out zone. The run-out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.
- 12.12 All competitors must take precautions to prevent runaway ski(s) and boards.
- 12.13 All competitors must wear an approved snowsports helmet. Other protective wear is recommended but is not compulsory.
- 12.14 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their timed runs. Race suits are not permitted. Outerwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants **NOT BE PERMITTED** on-course when competing and/or training. This rule aligns with NSW Department of Education school snowsports clothing guidelines. Failure to wear the correct and approved race clothing will lead to removal from the event and the event result.
- 12.15 Hard boots and snowboards are not permitted to be used by competitors in Snowboard Cross.
- 12.16 Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection.
- 12.17 For **disqualification** grounds, see <u>Section Five.</u>



# **Section Thirteen - Cross Country Skiing**

#### **General Rules**

- 13.1. Interschools Cross Country Skiing Competition includes two events:
  - Classic Cross Country Classic Mass Start
  - Freestyle Cross Country Relay
- 13.2. Normally the two Cross Country events are held on one day, with Cross Country Classic first, and the Cross Country Relay second.
- 13.3. Unless otherwise agreed by the National Interschools Committee, a Mass Start event shall be held in Classic technique and the Relay event held in Free technique (may be Classic or Freestyle).
- 13.4. In exceptional circumstances with competition courses of limited width, the Race Jury may change the event format to an Interval Start.
- 13.5. A Technical Delegate (TD) and an Assistant Technical Delegate will be appointed to work with the Organising Committee to ensure that all events are held fairly and according to the rules.
- 13.6. The Race Jury for the events shall consist of (1) the Chief of Course, (2) the Chief of Competition, and (3) the Technical Delegate (TD).
- 13.7. Courses will be set for length and difficulty to suit this level of competition and for the prevailing snow conditions.
- 13.8. The marking of the course should be so clear that the competitor is never in doubt where the course goes.
- 13.9. The start zone should be flat or on a slight uphill, and the start should be straight for 50m. The width of the start should be sufficient to accommodate all competition formats used.
- 13.10. The finish zone should be straight for the last 50m or so, flat, or slightly uphill, and allow the possibility for competitors to overtake. Ideally the last 30-50m should be separated into corridors. Such corridors should be clearly marked, but markings must not interfere with the skis.
- 13.11. The finish line should be clearly marked with a coloured line.
- 13.12. Competitors may inspect the track prior to the start under the direction of event officials.
- 13.13. Depending on snow conditions the Competition Jury may decide to cancel course inspection, in order to preserve the competition tracks.
- 13.14. In all training and competition situations the athletes must always ski in the competition course direction.
- 13.15. Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection. Grip and Glide waxing is allowed outside of the marked start and course arena.

# SNOW AUSTRALIA

# **2023 Rules of Competition**

#### **During the Competition**

- 13.16. Competitors must always follow the marked course, no course cutting is allowed. Failure to do so may lead to disqualification.
- 13.17. Competitors must complete the entire race with skis on. It is not permitted to run carrying skis.
- 13.18. In all competitions, obstruction is not allowed. This behaviour is defined as deliberately impeding, blocking, charging or pushing any competitor with any part of the body or ski equipment.
- 13.19. For Interval Start events faster competitors catching up to and overtaking a slower competitor may call "TRACK". The competitor being overtaken should ski to one side of the track but need not stop. If a competitor does not move to one side of the track as per this requirement, they risk disqualification.
- 13.20. The TRACK rule does not apply in mass start events when competitors are racing head-to-head on the same lap. When overtaking, competitors must not cause any obstruction. It is the responsibility of the overtaking skier to pass without obstruction.
- 13.21. No coaches or spectators may be on the course during the race. Coaching from outside the track (at designated coaching zones), cheering, time splits, technique or tactical advice is permitted, however coaches to remain stationary alongside the track when supporting a competitor. Coaching zones will be designated by the Organising Committee.
- 13.22. Pole exchange is only allowed in the case that a pole is broken or damaged. Broken poles may be replaced from an official pole depot designated by the Organising Committee. When supplying a pole to a competitor, no other competitors may be impeded.
- 13.23. Skis may not be exchanged.
- 13.24. All competitors must wear appropriate clothing during their course inspection and in the event. Shorts or T-shirts are not considered appropriate due to safety reasons.
- 13.25. Disqualification are at the discretion of the Race Jury, and can be for:
  - improper changeover
  - skiing without a bib
  - using a false name
  - false start
  - skiing with wrong bib
  - skiing out of entry order in the relay
  - skating in a classic race
  - accepting outside assistance in the race (eg, after a fall)
  - not following the marked course
  - impeding another competitor
  - using wrong technique in start area
  - and/or failing to give way to a faster competitor.
- 13.26. Protests are handled under the general rules for all Interschools events.

# **2023 Rules of Competition**

#### **Classic Technique**

- 13.27 In a Classic race, competitors must use the classical technique. Classical technique includes the diagonal technique, the double-poling techniques, herringbone techniques (with no glide), downhill techniques and turning techniques.
- 13.28. Turning techniques comprise steps with the inner ski and pushes with the outer ski to change direction. In general, wherever there is a set classic track turning techniques are not permitted. When necessary, additional markings may be used to identify the start and end of corners.
  - \* Note: additional video resources are to be supplied to assist in understanding appropriate turning technique.
- 13.29. The parallel classic tracks should be set appropriately. These includes aligning tracks in the line of best fit (where possible) and removing classic tracks on tight corners where it is not possible to turn and stay in the tracks.
- 13.30. Where there is one or more set tracks, repeatedly changing or stepping in and out of tracks is not allowed.
- 13.31. The Competition Jury may also decide to set technique zones where double-pole techniques (including kick-double-pole) may not be used. If technique zones are used, they will be clearly marked and managed using both technique controllers and possible video control.
- 13.32. Technique control in Classic races will be overseen by the TD. Technique Controllers with suitable knowledge of classic technique will be stationed at designated risk zones and should be identified with official bibs. If video control is used, <u>all</u> competitors must be filmed.
- 13.33. The race number of any competitor not following correct classic technique will be recorded by the Technique Controllers and supplied to the Race Jury. Sanctions for not following correct classic technique may include:
  - Verbal warnings / education of correct technique
  - Written warnings
  - Disqualification

In determining the appropriate sanction the Race Jury will consider the level of the athlete, whether the breach of rule was intentional, whether any advantage was gained and whether the result of the race was affected.

13.34. Non-official video evidence will not be considered by the Race Jury.



#### **Event Rules - Cross County Classic Mass Start**

- 13.35. A team consist of three skiers.
- 13.36. The team results will be determined by the combined times (TBC) of all three skiers. Three valid results must be recorded to qualify for a team result. Teams of one or two competitors can compete in this event, however they are eligible for the top three <u>individual</u> medals only.
  - In the event of timing equipment failure team results will be determined by the sum of the placings of all three competitors.
- 13.37. All competitors in each division will start en masse. The Race Jury may, at their discretion, seed the starting competitors into multiple rows for the start. Seeding of competitors onto each row will follow general Interschools rules (see section 3.1). Each row will start at 30 second intervals.
- 13.38. Distances for each Division shall be as follows:

Divisions 1-3 Approximately 1.5-2.5km Divisions 4-5 Approximately 1.0 km

13.39. If an Interval Start format is used (as per 13.4), intervals of 10s, 15s or 30s may be used.

#### **Event Rules - Cross Country Relay**

- 13.40. A relay team consist of three skiers.
- 13.41. The Cross Country Relay race is a Freestyle race and any cross country skiing techniques may be used.
- 13.42. Each competitor skis the same distance. Teams with only one or two skiers may enter the event skiing one leg each, however overall team placings will only be awarded to teams with three skiers.
- 13.43. The relay start is a mass start. The Race Jury may, at their discretion, seed the starting competitors into multiple rows for the start. Seeding of competitors onto each row will follow general Interschools rules (see section 3.1).
- 13.44. Each competitor will ski approximately the same distance as follows:

Divisions 1, 2 & 3 – 1 to 1.5km Divisions 4 & 5 – approx. 1km

- 13.45. A 20m double pole zone may be used at the start, to avoid collision of skis from skating.
- 13.46. The relay exchange zone should be a rectangle 30 metres long and sufficiently wide, clearly marked and roped off, and located on flat or smoothly rising ground near the start and finish. If the exchange zone is located after the finish line, it must be at least 5 metres beyond the finish line to prevent competitors inadvertently breaking the timing contact.



- 13.47. Changeover of competitors (tagging) is accomplished only within the marked exchange zone and by touching any part of the body by the body (ie, hand, arm, body, leg) but NOT the equipment of the changing competitor.
- 13.48. During changeover skiers finishing their leg must take all effort not to impede other teams changing over.
- 13.49. At the finish, the final competitor must ski through the finish line and must not impede any following competitors.
- 13.50. The team results will be determined by each team's overall time/place, with awards presented to the first three teams only. No individual awards will be made.



# Section Fifteen - Snowboard Slopestyle & Ski Slopestyle

- 15.1 Please refer to the *Interschools Slopestyle Judging Guide* for information on how the discipline is scored, course details, the line of the competitor takes through the course, etc.
- 15.2 Slopestyle is open to Division 1 3 competitors only, from NSW, ACT, QLD and SA.
- 15.3 Each School Coordinator, prior to entering a competitor in the event, must deem that the competitor has the appropriate level of skill and experience to compete. Questions that must be asked of competitors, as part of the Conditions of Entry by each Coordinator are:
  - Can you execute a controlled straight air on a green or S category jump?
  - Can you execute a controlled 50/50 (snowboard) or straight grind (skier) on a 5 metre box?
  - Do you have the ability to ride/ski switch in a controlled way down a blue run?

Previous competition experience and or coaching/lessons in terrain parks may be taken into account by the School Coordinator to assess appropriate skill level and make up of teams.

- 15.4 The teams consist of a minimum of two and a maximum of three competitors enrolled at the same school from Division 1 3 only.
- 15.5 In most cases each competitor will have two judged runs. If the conditions and scheduling are unfavorable on the day of the event, there may be one judged run. Slopestyle events are judged events with no timing component.
- 15.6 Each competitor's run will be judged by a minimum of three judges. One head judge and two additional judges will each give a score out of 100 (known as an overall impression score). The final score for each run will be the average of the three scores. A competitor's highest final scored run will be used for the team and individual results, not a combined score.
- 15.7 The team result will be determined by the sum of the highest two final scores from the two competition runs.
- 15.8 Each competitor's run will be judged with criteria as follows:

**The line the competitor takes through the course** – If there are options to choose on-course features in regard to take offs then this is the course 'line'. The judges will take into account if the competitor has chosen a more difficult or less difficult line.

**The use of the terrain feature on the course –** How the competitor uses the jib features as creative technical tricks will be rewarded. Amplitude and style in relation to the tricks.

**Overall flow through the course** – This means how in control the competitor is through the course as a whole. Approach to each feature take off, landings and the overall style displayed moving through the course.

**Jibs** - All jib features should be included in the competitors run to obtain the highest possible score.

**Air** – All jump features should be included in the competitors run to obtain the highest possible score. No somersaults (inverts) are permitted. Somersaults or inverts by definition are when a competitor's feet are above the competitors head in the air. The judge evaluates the following in

- each jump: Motion, rotation, amplitude and style and then produce a score out of 100 for the overall impression of the run.
- 15.9 The course will be set suitable for the level of competition. The course design will be such that entry to the course from an unassisted standing start will enable competent competitors to execute a range of tricks safely.
- 15.10 The course is open for inspection and practice runs until 10 minutes prior to the start time of the competition. Each competitor will have at least one training run on the course. All competitors must be present for the compulsory competitor briefing 10 minutes prior to the course inspection. A check of all competitor competition bib numbers will be done at that briefing. If a competitor fails to attend this compulsory briefing, then the Chief of Course reserves the right to disqualify the competitor from the event. If a competitor fails to attend the briefing, and then fails to report to the Chief of Course prior to commencing any course inspection, then that competitor may be disqualified from the competition. Where possible, practice runs will be run in numerical race bib order.
- 15.11 Each training and competition run start will be controlled by the appointed Chief of Course and Start Referee. A competitor who does not demonstrate sufficient competency in the opinion of the Head Judge may be asked to leave the course.
- 15.12 All competitors must wear an approved snowsports helmet.
- 15.13 Competitors must wear either a snowsports jacket and pants, or soft-shell jacket and pants, when competing in their scored runs. Race suits are not permitted. Outwear such as hoodies, long sleeve shirts, school jerseys and track-suit pants **NOT BE PERMITTED** on-course when competing and/or training. This rule is being introduced for course and competitor safety reasons and is in-line with the NSW Department of Education school snowsports clothing guidelines.
- 15.14 Start Area Procedures The course design will be such that entry to the course from an unassisted standing start will enable competent competitors to execute a range of tricks safely.
- 15.15 The competitor must remain within the marked (fenced) course. If the boots of the competitor cross out of bounds or the competitor does not pass through the finish line, then the competitor will receive a score up to the point where they left the course.
- 15.16 If obstructed during his or her run, the competitor must immediately leave the course, ski/board to the bottom of the course, consult the Head Judge and request a re-run. The competitor is NOT to finish the run.
- 15.17 A provisional re-run will be granted immediately and will be valid only if it is confirmed by the Chief of Competition at the conclusion of that run. If the claim for the re-run is shown to be unjustified, the competitor's re-run will not be counted.
- 15.18 The competitor will be judged according to their performance. If the competitor loses one ski and does not continue their run by putting their ski back on in the 10 second time limit, they should exit the course as soon as possible and will be judged up to that point. If a competitor loses both skis, they should exit the course as soon as possible and will be judged up to that point. If a competitor stops for more than 10 seconds, the competitor should exit the course as soon as possible and will be scored to that point. The same rules apply to snowboarders who become unstrapped from their board, and/or break and/or eject from their bindings.



- 15.19 All competitors must use precautions to prevent runaway ski(s) and boards.
- 15.20 Procedures at Finish. After crossing the finishing line, the competitor must immediately leave the run-out zone. The run-out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.
- Disqualifications are at the discretion of the Chief of Competition, and can be for: skiing/riding without correct bibs, false name, accepting outside help in a run (ie, after a fall), unjustifiable requests for a re-run, skiing/riding off designated course, performing somersaults (inverts) or for unsportsmanlike behavior or conduct. Competitors who believe they will be disqualified should check with the Head Judge who will check with the appropriate official. Disqualification are at the discretion of the respective Chief of Competition and/or Competition Jury. A competitor who does not demonstrate sufficient competency in the opinion of the Head Judge or Chief of Competition may be asked to leave the course.
- 15.22 Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection.



#### **Section Sixteen - Interschools Code of Conduct**

#### **Competitor's Code of Conduct**

- Remember that participation in sports is a privilege, not a right, and that you are expected to represent your school, coach and teammates with honor and dignity always.
- Respect all the support people involved with Interschools events that enable the competition to occur. These include, but are not limited to, mountain, shop, and accommodation staff.
- Participate and compete by the rules of the event.
- If you disagree with an official, have your snow sports coordinator approach the appropriate official and pursue an acceptable form of dispute resolution.
- Control your behavior on and off the slopes. Verbal abuse of officials, sledging or intimidating other
  competitors, deliberately distracting, or provoking an opponent are not acceptable or permitted
  behavior at any event.
- Value and respect honest effort. Work equally hard for yourself and/or your school team. Your team's performance will benefit, and so will you.
- Be a good sport. Applaud all good performances, regardless of which school they represent.
- Treat all competitors as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your school, coach, team manager, teammates, opponents, and officials. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents, coaches, and teachers.
- Respect the rights, dignity and worth of all competitors regardless of their gender, ability, cultural background, or religion.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place. Your safety and those around you are at stake. Observe the Alpine Responsibility Code.

#### **Parent's Code of Conduct**

- Remember that children compete in sport for their enjoyment, not yours.
- Encourage children to compete, do not coerce them.
- Provide positive focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to compete according to the rules. If you disagree with an official, have your snow sports coordinator approach the official and pursue an acceptable form of dispute resolution.
- Remember that competitors learn best by example. Appreciate good performances and skills shown by all competitors.
- Support all efforts to remove verbal and physical abuse.
- Respect the official's decisions and teach competitors to do likewise.
- Respect the rights, dignity and worth of every competitor regardless of their gender, ability, cultural background, or religion.
- Show appreciation and be courteous to snow sports coordinators, coaches, officials, team managers and administrators. Without them, your child could not participate.
- Respect all the support people involved with Interschools events that enable the event to occur. These include, but are not limited to, mountain, shop, and accommodation staff.

# **2023 Rules of Competition**

- Show consideration for the mountain and other users. Respect the rules that resorts have put in place. Your safety and those around you are at stake. Observe the Alpine Responsibility Code.
- Do not interfere with the conduct of any events.
- Smoking near competitors and competition courses is not acceptable.

#### School Snowsports Coordinator's & Teacher's Code of Conduct

- Attend or send a representative to any pre-competition briefing for Interschools events where possible and practical.
- Encourage and give opportunities to competitors so that they may participate and compete in a variety of snow sports.
- Create opportunities to teach appropriate snow sports behavior and attitudes as well as basic skills.
- Give priority to participation, enjoyment, and skill learning, especially for early primary school children
- Provide opportunities for quality supervision and instruction for competitors.
- Prepare young people for the Interschools competition by teaching them basic skills, the rules of the competition, sportsmanship, and the values of competition.
- Make competitors aware of the positive benefits of participation in snow sport activities and being part of a school sporting team.
- Teach your competitors to be friendly and courteous towards officials and opponents.
- Help competitors understand the differences between the junior competitions in which they participate and elite snow sports.
- Help competitors understand that competing by the rules is their responsibility.
- Remove from competitions, racecourses, and/or programs any competitor whose behavior is not acceptable.
- Provide competitors with opportunities to participate in administration, coaching and refereeing of
  events, training and school teams as well as playing.
- Keep up to date with coaching practices and the principles of physical growth and development. Read and use the latest coaching and teaching resources for junior sport.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of every competitor regardless of their gender, ability, cultural background, or religion.
- Respect all the support people involved with Interschools events that enable the event to occur. These include, but are not limited to, mountain, shop, and accommodation staff.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place. Your safety and those around you are at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and competition courses is not acceptable.

#### **Coaches Code of Conduct**

- Remember that competitors participate for pleasure and that winning is only part of the fun.
- Create opportunities to teach appropriate snow sports behavior and attitudes as well as basic skills.
- Never ridicule or yell at a competitor for making a mistake or not coming first.
- Be reasonable in your demands on competitor's time, energy, and enthusiasm.

# **2023 Rules of Competition**

- Operate within the rules and spirit of Interschools Snowsport and teach your competitors to do the same.
- Ensure that the time competitors spend with you is a positive experience. All competitors are deserving of equal attention and opportunities.
- Avoid overplaying the talented competitors, the 'just average' need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all competitors.
- Display control, respect, and professionalism to all involved with snowsports. This includes opponents, coaches, officials, administrators, mountain staff, the media, parents, and spectators. Encourage your competitors to do the same.
- Remember that competitors learn best by example. Show appreciation for good performances and skills shown by all competitors.
- Help competitors understand that competing by the rules is their responsibility.
- Remove from competition, courses, or programs any competitor whose behavior is not acceptable.
- Show appropriate concern and caution toward sick and injured competitors. Follow the advice of a physician when determining whether an injured competitor is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of competitors.
- Do not interfere with the conduct of any events.
- If you feel there is an issue to dispute, have your team snow sports coordinator approach the appropriate official and pursue an acceptable resolution.
- Respect the rights, dignity and worth of every competitor regardless of their gender, ability, cultural background, and religion.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place.
- Your safety and those around you are at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and competition courses is not acceptable.

#### **Administrator's Code of Conduct**

- Give all competitors equal opportunities to participate.
- Ensure that rules, equipment, competition courses and training schedules are modified to suit the age, ability, and maturity level of competitors.
- Remember that competitors participate for their enjoyment and benefit. Do not over emphasise awards.
- Help coaches and officials highlight appropriate behavior and skill development and help improve the standards of coaching and officiating.
- Ensure that everyone involved in Interschools Snowsport emphasises fair play, and not winning at all costs.
- Be consistent, courteous, and helpful towards all competitors.
- Remember, you set an example. Your behavior and comments should be positive and supportive.
- Use common sense to ensure that overcalling violations does not lose the 'spirit of the competition' for competitors.
- Support implementation of the National Junior Sport Policy.

# **2023 Rules of Competition**

- Make it clear that abusing competitors in any way is unacceptable and will result in disciplinary action.
- Respect the rights, dignity and worth of every competitor regardless of their gender, ability, cultural background, or religion.
- Respect all the support people involved with Interschools events that enable the event to occur. These include, but are not limited to, mountain, shop, and accommodation staff.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place.
- Your safety and those around you are at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and competition courses is not acceptable.

#### Official's Code of Conduct

- Attend or send a representative to any pre-competition briefing for Interschools events where possible and practical.
- Compliment and encourage all competitors.
- Remember that competitors participate for their enjoyment and benefit.
- Be consistent, objective, and courteous when making decisions towards all competitors.
- Promote respect for all competitors and sporting behavior.
- Help competitors understand that competing by the rules is their responsibility.
- Emphasise the spirit of the game rather than the errors.
- Be a good sport yourself. Actions speak louder than words. Your behavior and comments should be positive and supportive.
- Place the safety and welfare of the competitors above all else.
- Give competitors a 'fair go' regardless of their gender, ability, cultural background or religion.
- Respect all the support people involved with Interschools events that enable the event to occur. These include, but are not limited to, mountain, shop, and accommodation staff.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place.
- Your safety and those around you are at stake. Observe the Alpine Responsibility Code.
- Smoking near competitors and competition courses is not acceptable.

### **Team Manager's Code of Conduct**

- Attend or send a representative to any pre-competition briefing for Interschools events where possible and practical.
- Provide quality supervision and instructions for a small group of competitors.
- Ensure that your team understands and follows the rules and procedures of Interschools events.
- Ensure your team understands that competing by the rules is their responsibility.
- Ensure your team is at the competition course in plenty of time to complete course inspection and hear relevant instructions from officials.
- Make your team aware of the positive benefits of participation in snow sport activities and being part of a school sporting team.
- Ensure that you and your team are friendly and courteous towards officials, opponents, and mountain staff.

# **2023 Rules of Competition**

- If you disagree with an official, have your snow sports coordinator approach an appropriate official who will pursue an acceptable resolution.
- Help your team understand the differences between the junior competitions in which they participate and elite snow sports.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of every competitor regardless of their gender, ability, cultural background, or religion.
- Smoking near competitors and competition courses is not acceptable.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place.
- Your safety and those around you are at stake. Observe the Alpine Responsibility Code.

#### **Spectator's Code of Conduct**

- Remember that competitors participate in sport for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams. Congratulate all competitors on their performance regardless of the outcome.
- Respect the decisions of officials and encourage competitors to do the same.
- Positive comments will be motivational for all competitors.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials, or competitors.
- Show respect for your team's opponents. Without them there would be no competition.
- Encourage competitors to follow the rules and the official's decisions.
- Do not use unacceptable language, sledge, or harass competitors, snow sports coordinators, teachers, team managers, coaches, or officials.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of all competitors regardless of their gender, ability, cultural background, or religion.
- Smoking near competitors and competition courses is not acceptable.
- Respect all the support people involved with Interschools events that enable the event to occur. These include, but are not limited to, mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place.
- Your safety and those around you are at stake. Observe the Alpine Responsibility Code.

#### **Media Code of Conduct**

- Provide coverage of children's sport as well as reporting adult sport.
- Place the safety and welfare of the competitors above all else.
- Be aware of the differences between adult sport, professional sport and modified sports programs for young people.
- Don't highlight isolated incidents of inappropriate sporting behavior.
- Focus upon a competitor's fair play and honest effort.
- Do not place unfair expectations on competitors. They are not miniature professionals.
- Focus on the abilities and not the disabilities of competitors.



- Avoid reinforcing stereotypical views on the involvement of boys/girls in particular sports.
- Give equal time and space to reporting boys and girls' sports.
- Do not interfere with the conduct of any events.
- Respect the rights, dignity and worth of every competitor regardless of their gender, ability, cultural background or religion.
- Smoking near competitors and competition courses is not acceptable.
- Respect all the support people involved with Interschools events that enable the event to occur. These include, but are not limited to, mountain, shop and lodge staff.
- Show consideration for the mountain and other users. Respect the rules that Resorts have put in place. Your safety and those around you are at stake. Observe the Alpine Responsibility Code.

Code of Conduct adapted from Codes of Behavior by Sport Australia, The Australian Schools' Sports Council – Fair Play in School Sport and 'Character Counts' from The Josephson Institute of Ethics.

The Code of Conduct was endorsed by the Snow Australia National Interschools Committee on 10 March 2021.