

2023 Rules of Competition

Victorian Interschools Snowsports Championships

(Version 09/06/2023)

Snowsports Coordinators, Team Managers and Competitors must familiarise themselves with the rules prior to their event.

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This document acknowledges source material from FIS competition rules.

Note that whilst these races are conducted under the sanction of Snow Australia, they are not subject to standard FIS rules. Victorian Interschools competition is conducted under special rules specifically prepared for the races and events that it conducts.

Managers and competitors must familiarise themselves with these rules prior to their event. Numerous changes have been made since the season 2022 rules document, along with extensive formatting changes.

Section 1 – Definitions

1.1 “VISAG”

The Victorian Interschools Snowsports Advisory Group is an Advisory Group that reports to the Snow Australia National Interschools and Sport Development Committee (NISDC).

1.2 “VISAG Executive”

Comprises VISAG Chair, Snow Australia National Participation and Sport Development Manager and the Victorian Interschools Event Manager

1.3 “Jury”

Comprises Chief of Competition, Chief of Course and Snow Australia representative

1.4 “National Interschools Slopestyle Executive”

Comprises the Northern and Victorian Interschools Chiefs of Competition and the Northern and Victorian Slopestyle Head Judges

Section 2 - Entries

2.1 Enrolment

Schools offer their team for inclusion in the Victorian Interschools Snowsports Championships ('Interschools') and warrant that competitors are currently enrolled as bona fide competitors of the school during Term 3 of the competition year and are competing in their correct division. Further by entering the Interschools competitors agree to abide by the rules, regulations, instructions and decisions of the VISAG and /or its agents.

Note: Competitors can only be enrolled at one school at any time in the State of Victoria.

2.2 Entry closure

All entries must be completed in full and lodged via the Interschools' On-Line Entry System no later than the deadline date published (via newsletters, meetings and on the Victorian Interschools Snowsports website). **NO LATE ENTRIES WILL BE ACCEPTED.**

2.3 National Selection

From the State Interschools Championships subject to competitive times/scores, the top six (6) placed teams plus the top twenty (20) individual competitors (or top 15 in events with less than 30 starters), from Divisions 1-6 in Alpine and Ski Cross and Divisions 1-5 in Moguls, Snowboard Cross, Snowboard GS, Cross Country Classic, Cross Country relay, Snowboard Slopestyle and Ski Slopestyle disciplines (refer to Rule 2.4 re age limit for Snowboard and Ski Slopestyle) will be eligible to race in the Australian Interschools Snowsports Championships. (subject always to the discretion of the executive group of the National Park and Pipe Discipline Committee). Schools may only enter the number of teams that qualified at state level. If the school has other competitors that have qualified individually and have not been selected to one of the qualified teams they must be entered as individuals or one person teams.

2.4 Slope Style

From the State Slopestyle Championships, up to the top twenty individual competitors from Division's 1-3, having received a minimum acceptable score, will be eligible to compete in the Australian Interschools Championships. Competitors from the same school that have met the minimum acceptable score may be entered as a team. For State Slopestyle competitors a minimum acceptable score (for National Championship progression) will be determined by the National Interschools Slopestyle Executive following the completion of each event, and before invitations are extended to the National level of competition. Historically this has been a score which is a minimum 45% of the total attainable score (45 / 100) and is often as high as 55% of the total attainable score (55 / 100). The minimum progression score determined by the National Interschools Slopestyle Executive reflects the Championship Division level (competitor age), the course conditions, and the skill-level and quality of the athlete field. School Championship points will be awarded to Slopestyle event team results. Slopestyle competitors must be Secondary School competitors. Primary School competitors are not permitted to enter Slopestyle events.

2.5 Team Requirements

Where the National Event is preceded by a State qualifying event, each team participating in the National Event must have one original team member from Ski Cross, Snowboard Cross, Moguls, Snowboard GS, Cross Country Classic/Freestyle and Relay, and Alpine, that qualified in the State event. Schools may enter competitors into the National event that did not compete at the Regional and/or State events as long as they are placed in a qualified team, before close of entries.

2.6 Invoicing

The Schools Tax Invoice (which is generated from the Interschools On-line Entry System) itemises the schools total Interschools Entry Fees and Competitor/Team Manager Lift passes. Buller Ski Lifts must receive payment of this Tax Invoice or a confirmation of Electronic Transfer of Funds before Interschools Race Bibs or Lift passes can be issued to the school.

2.7 Sanctions for breach of rules

Breaches of the Interschools Rules may result in individual competitors or teams being disqualified from an individual event or in the case of serious breaches from the Interschools entirely.

2.8 Competitor replacement due to injury

Subject to the discretion of the VISAG Executive, substitution of competitors on serious medical / injury (requires a medical certificate) or compassionate grounds may be allowed, provided the Chief of Competition is notified in writing by 8.00am on the day prior to the scheduled event in which the substitution is to occur. The original competitor's name will not be changed in place of the substitute competitor.

2.9 Multi Campus Schools

Schools that have more than one campus must elect whether they will be entering as one entity whereby the school team comprises competitors from all campuses or as separate campuses in which case competitors must be competitors from the entering campus

Schools and School Campuses must nominate as to whether they will compete for the Champion Schools Trophies in the:

- Boys category
- Girls category
- Co-Educational category

N.B. Schools may only nominate in 1 category in Secondary and 1 category in Primary School Division

2.10 Withdrawal

Notification of withdrawal of teams from any Interschool event, for reasons other than specified in the General Rules, must be made in writing and received by the Victorian Interschools Event Manager in conjunction with Buller Ski Lifts no later than 7 days prior to the commencement of the Championships if refunds are to be made, subject always to the VISAG Executive in conjunction with Buller Ski Lifts discretion with regard to special circumstances.

2.11 Volunteers

It is a condition of entry that schools provide volunteer course officials as indicated on the Online Entry system. A volunteer will be required for every 6 Snowboard event entries, every 11 Mogul, Ski Cross or Slopestyle Skiing event entries and for every 8 Alpine Skiing event entries.

- 12.11.1 School Coordinators must allocate their required volunteers to the available events listed on the online entry system unless alternative volunteer allocation has been agreed to by the Victorian Interschools Event Manager. Once an event has all of its required volunteers assigned it will no longer be possible to assign additional volunteers to that event.
- 12.11.2 The Victorian Interschools Event Manager will publish Volunteer requirements by school following the event closure date. Cross Country volunteers are not required to be entered into the entry system.
- 12.11.3 Schools that are required to supply volunteers for the Cross Country event will be notified by the Victorian Interschools Event Manager following the close of entries.
- 12.11.4 A roll call will be conducted by the designated course official at the start of course inspection time which will be communicated directly to Event Management. School Coordinators will be called in the event of any absent volunteers.
- 12.11.5 Schools that fail to provide the required number of officials for an event or have an absent volunteer at the start of the published course inspection time may incur a financial penalty of \$200 per official, per event and may be excluded from future events as reviewed by the VISAG executive.

2.12 Refusal of Entry

The VISAG Executive retains the right to refuse entry to the competition.

2.13 Snowracer and SnowID requirements

All competitors must have an active SnowID number as a condition of entry into all Snow Australia Interschools events. The SnowID is available for free with any Snowracer membership, and is also a feature of Snow Australia financial memberships.

- 2.13.1 The SnowID can be obtained for free via the membership section of the Snow Australia website or the Snowracer website. An active SnowID number must be entered by School Snowsport Coordinators into the entry system at the point of registration for all Interschools events.

Section 3 - Team Information

3.1 Event discipline entry

A Competitor can only be a member of one team for any one discipline. A Competitor may elect to compete in a higher division. Primary School competitors may not compete in Division 3 (Year 7&8) or higher events.

- 3.1.1 All team members must be competitors from the same school or campus (if entering as an individual campus) or an approved composite team.

3.2 Divisions

Divisions are as follows:

3.2.1 Secondary:

Division One – School Years 11 & 12

Division Two – Schools Years 9 & 10

Division Three – School Years 7 & 8

3.2.2 Primary:

Division Four – School Years 5 & 6

Division Five – School Years 4 & under for all events except Alpine and Ski Cross

Division Six—School Years Prep, Years 1 & 2 Alpine GS and Ski Cross only

Each division is further subdivided into boys and girls.

3.3 Mixed gender teams

Mixed gender teams are permissible in male events only. Male competitors cannot compete in female events. Female competitors in mixed teams will have their results listed as male competitors.

3.4 Competitor team seeding

Each School is to supply one adult School Snow Sport Coordinator who is responsible for seeding team members (i.e. race starting order within the team). The order of competitors on the entry system shall be the order of skiing.

3.5 Team Managers

Each School must also provide one adult Team Manager per team. Team managers are responsible for ensuring competitors are at the start area prior to their start whilst also checking for disqualifications or protests.

3.6 Competitor substitution

No changes to the names or order of competitors will be accepted after the entry closing date. Substitutions may be allowed on compassionate or medical grounds (with medical certificates). Changes to teams on compassionate or medical grounds will be restricted to one substitution only. Shuffling of additional teams to fill an "A" Team position will not be allowed. All changes must be made by 8.00am the day prior to the race, and will be approved at the discretion of the Victorian Interschools Event Manager.

3.7 Bibs

A competitor must wear his/her assigned race bib during course inspection for all disciplines. Bibs must be displayed correctly.

3.7.1 A competitor may be disqualified if he/she does not wear and display a race bib correctly during course inspection and competition.

3.7.2 A team may be disqualified if one of their member's competes in a bib other than the one assigned to their name.

3.8 Composite School Teams

Small schools who cannot create a team due to lack of numbers can combine with another 'small' school to create a composite team. It is stressed that this does not encourage schools to create 'super teams'. This shall be avoided by the schools submitting the proposed teams to the VISAG Executive for verification.

3.8.1 Composite School Teams will be recognised and awarded their position according to the results for the Victorian Interschools Championships. Composite School Teams will not be awarded Champion School Points.

3.8.2 Composite School Teams will not qualify for the National Interschools Championships. If the Composite Schools Team places in the top 6 teams within their event, they will not qualify for the National Interschools Championships, and the 7th place team will be invited to attend the National Interschools Championships.

3.8.3 Schools wishing to create a composite school team should;

- Combine no greater than 4 schools.
- Combine no greater than a total of 20 team members.
- If possible be clustered in a geographical area.
- Submit their proposal to the VISAG Executive one month prior to the final entry date.
- State the name of the proposed team.

The VISAG Executive retain the right to refuse entry of composite school teams.

3.9 Disqualification and Protest procedures

For details regarding causes for disqualification refer to Race Procedures in specific discipline rules.

3.9.1 It is the responsibility of the Team Manager to check the DSQ boards at the end of each run.

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- 3.9.2 Protests can only be lodged by the Team Manager and/or School Coordinator. The protest must be lodged with the Chief of Course.
- 3.9.3 The Protest should be lodged IN WRITING within 15 minutes of the incident, or the disqualification being officially posted. Protests are to be accompanied by a \$50 fee (which will be refunded if the protest is upheld).
- 3.9.3 The Chief of Course will consider the protest and will make a decision to uphold or dismiss the protest.
- 3.9.4 In the event that the Chief of Course's decision is disputed, the Competition Jury will be called to make the final decision. The Competition Jury will consist of the Chief of Competition, the Chief of Course and a third member appointed by the VISAG Executive, which will usually be the Chair of the VISAG. The Competition Jury's decision will be final.
- 3.9.5 Any further appeal of the Competition Jury's decision can be made following the conclusion of the event, in writing to Event Management.
- 3.10 Cancellation, postponement or relocation of event**
In the event of there being dangerous or poor weather and/or snow conditions, Buller Ski Lifts after consultation with the VISAG Executive and the CEO of Snow Australia reserves the right to cancel, postpone or re-locate the Championships and will make their decision known on the Friday prior to the advertised commencement of the Championships.
- 3.10.1 Those who are unable to compete due to changes made by Buller Ski Lifts after consultation with the VISAG Executive and the CEO of Snow Australia will receive full refunds if they notify Buller Ski Lifts in writing within 3 days following notification of such changes provided that Buller Ski Lifts, in conjunction with the VISAG Executive has the financial capacity to cover all expenses incurred as at the date the Championships were advertised to be held.
- 3.10.2 Additionally, Buller Ski Lifts in conjunction with the VISAG Executive reserves the right on any day of the Championships to postpone, reschedule, relocate (from original advertised location) or cancel, any event or events due to adverse or unsafe weather or snow conditions or forecast conditions.

Section 4 - Results

General

For calculation of team results see specific discipline rules.

4.1 Champion School Trophies

Champion Schools Trophies will be awarded as follows:

- Champion Secondary Girls School
- Champion Secondary Boys School
- Champion Secondary Co-Educational School
- Champion Primary Girls School
- Champion Primary Boys School
- Champion Primary Co-Educational School

4.1.1 Points in the Championship will be awarded in all Disciplines and Divisions as follows:

1 st	12 points	2 nd	10 points
3 rd	8 points	4 th	7 points
5 th	6 points	6 th	5 points
7 th	4 points	8 th	3 points
9 th	2 points	10 th	1 point

4.1.2 Where a school enters more than one team in an event, the points of that school's best team only will contribute to the Champion School points. Points will be awarded to the next School team in order of placings. School championship points will be awarded to Slopestyle Ski and Slopestyle Snowboard events.

4.2 Medals

The 1st, 2nd & 3rd individual place getters in each of the Alpine, Snowboarding, Moguls, Ski Cross, Snowboard Cross, Slopestyle Ski, Slopestyle Snowboard and Cross Country Classical events will receive individual medals. The 1st place getter will also receive a perpetual trophy where there is one available.

4.2.1 The 1st, 2nd & 3rd team place getters in each of the Alpine, Snowboarding, Moguls, Ski Cross, Snowboard Cross, Slopestyle Ski, Slopestyle Snowboard, Cross Country Classical, and Cross-Country Relay event will receive medals. The 1st place team will also receive a perpetual trophy where there is one available.

4.2.2 The individual winner of each event will be recognised as the State Champion.

4.3 Perpetual Trophies

Where available perpetual trophies will be presented to winners of individual and team events.

It is the responsibility of the School to ensure the return of all perpetual trophies awarded to the school, school teams or individuals (including Year 12 competitors or competitors who may have left the school) in the previous year, to The Victorian Interschools office by

the 30th of July 2023. Schools who fail to return trophies by the specified date will incur a fine of \$100 plus the replacement value of the unreturned trophy. In addition to this multiple or repeat offenders may be excluded from school championship points for the event/s for which trophies are unreturned.

Schools and individual winners are required to have the trophy engraved and cleaned before it is returned to the Victorian Interschools otherwise the cost of this will be billed to the school.

4.4 Individual Achievement Awards

Competitors are permitted to enter all seven (9) disciplines (events) offered in their respective division (age) category. These include Alpine GS, Ski Cross, Moguls, Snowboard GS, Snowboard Cross, Ski Slopestyle (Divs 1-3 only), Snowboard Slopestyle (Divs 1-3 only), Cross Country Classical and Cross Country Relay

4.4.1 However, it is critical that all competitors, parents and team managers are aware that while event organisers (VISAG and Buller Ski Lifts and the Mt Buller Race & Events Department) will use their best endeavors to ensure all competitors can take part in any discipline, at times scheduling difficulties or clashes with other events, resulting from unforeseen circumstances or weather conditions may prevent this. Under these circumstances, competitors may have to make a choice between disciplines.

4.4.2 Competitors who choose to enter in multiple disciplines may do so, however they will only be eligible for one (1) overall individual achievement category. These being;

- Mt Buller Cup - Primary Girls Alpine (Alpine GS, Ski Cross, Moguls)
- Mt Buller Cup - Primary Boys Alpine (Alpine GS, Ski Cross, Moguls)
- Bernd Greber Cup - Secondary Girls Alpine (Alpine GS, Ski Cross, Moguls)
- Bernd Greber Cup - Secondary Boys Alpine (Alpine GS, Ski Cross, Moguls)
- Mei-Lan Whan Cup - Primary Girls Snowboard (Snowboard GS, Snowboard Cross)
- David Perkins Cup - Primary Boys Snowboard (Snowboard GS, Snowboard Cross)
- Clinton Wilton Cup - Secondary Girls Snowboard (Snowboard GS, Snowboard Cross)
- Clinton Wilton Cup - Secondary Boys Snowboard (Snowboard GS, Snowboard Cross)

4.4.3 The trophy will be inscribed with the name of the competitor and school name. The cup will be presented to the individual and retained by their school for ten months.

4.4.4 To be eligible to win an individual achievement award competitors must place in all relevant disciplines. If a race is cancelled due to unforeseen circumstances unfortunately all affected competitors will be ineligible for the respective individual award.

4.4.5 Alpine individual achievement trophies: In the event that one of the three disciplines is not conducted in all divisions, the Mt Buller Cups and Bernd Greber Cups will be awarded on the remaining two disciplines.

4.4.6 Snowboard individual achievement trophies: In the event that one of the two disciplines is not conducted in all divisions the Clinton Wilton Cups and Mei-Lan Whan Cups will not be awarded for the respective year.

4.4.7 Points are awarded as follows:

1st	1 point
2nd	2 points
3rd	3 points
4th	4 points
5th	5 points.....

et cetera to include full field

4.4.8 In the event of a tie, the tied competitors will jointly be nominated as the winners.

4.4.9 The Competitors will be responsible for sharing the trophy on an even basis for the ten months following the championships.

4.4.10 Only the winner's name and School will be announced.

Section 5 - Snow Australia concussion guidelines

THE FOLLOWING SHOULD BE NUMBERED IN THE SAME FORMATSnow Australia is committed to protecting the health and well-being of everyone that participates in snowsports. It is for this reason that Snow Australia has updated and made amendments to the Concussion Policy to include the Concussion management guidelines. These guidelines are in accordance with the most recent and relevant information from the Consensus Statement on Concussion in Sport (SCAT5).

The concussion guidelines aim to provide information and advice for non-medical people who are involved with skiing and snowboarding at any level.

These guidelines apply to the care of snowsports participants from beginners and intermediates through to recreational experts and sub-elite or elite competitors. Everyone's brain is equally important and deserves the benefit of concussion management according to current international scientific guidelines.

Additionally, the guideline allows for the Snow Australia community to access the same high standards of care that are available to full-time professional athletes. Our common goal is to achieve a successful return to sport, with full recovery and readiness for competition, minimising short-term risks and long-term health consequences.

It is written for the benefits of athletes, parents, teachers, coaches, peers, and any program directors or support staff.

Snow Australia concussion policy:

<https://cdn.revolutionise.com.au/cups/ssa/files/offc7wgwrwazzcz3.pdf>

5.1 Background

The advice presented in the Snow Australia Concussion Policy is not a medical document but is a plain-language non-technical version of the Olympic Winter Institute of Australia (OWIA) Concussion Policy (version 2) updated July 2017.

- 5.1.1 All concussions are serious and may be caused by a direct blow to the head, face or neck, or by impact elsewhere on the body, with force transmitted to the head. It is a brain injury that can occur without a loss of consciousness that causes a disturbance of brain function with resolutions usually proceeding smoothly over days to weeks, but in some cases, symptoms are prolonged.

5.1.2 Concussion management guidelines: Step-by-step

Step 1 – Ready

Prepare by wearing a helmet & getting pre-season baseline testing

Step 2 – Recognise

Apply first aid principles, recognise the clinical domains of concussion and use the Concussion Recognition Tool 5 (CRT5).

Step 3 – Remove

Anyone suspected of concussion must be removed from participation and not return to play on the same day.

Step 4 – Rest & Recovery

Rest & limit light exercise until all symptoms have resolved, school has resumed and baseline tests are normal again.

Step 5 – Rehab: Return to Exercise & Sport

Medical clearance is needed to progress from GRTS stage 0 to 1 (light exercise, stage 3 to 4 (snow/ice) and stage 5 to 6 (unrestricted competition).

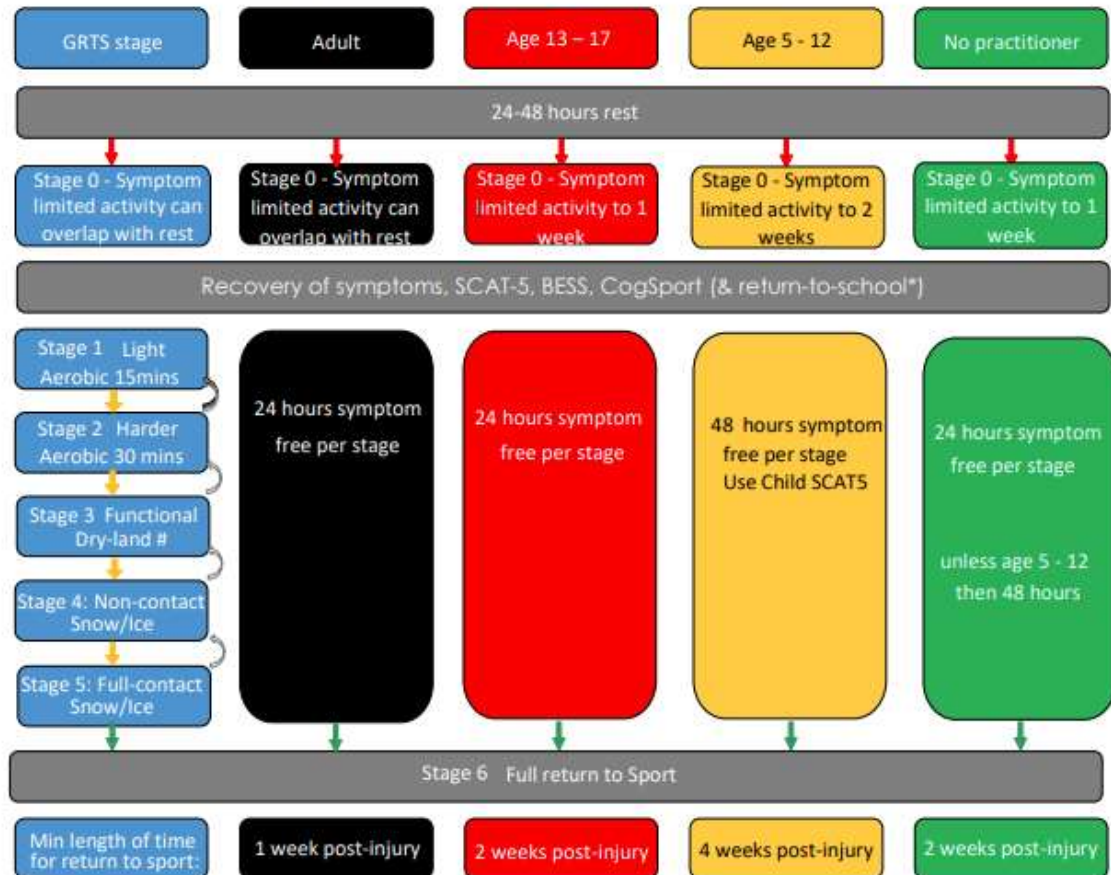
- 5.1.3 For children and adolescents, it is recommended the graduated return to sport protocol for Winter Sport (see table below) should be extended such that a child does not return to any form of Interschools Snowsport competition activities as per the timelines outlined for full return to sport and only with Medical Doctor clearance. Anyone who has received head trauma or concussion in the lead up to any Interschools events must be medically cleared by a qualified Medical Doctor to participate in the competition or events. When in doubt parents and teachers should avoid having their students participate in the event, and if they are experiencing any residual symptoms or are feeling unwell they should seek further medical assistance.

- 5.1.4 We encourage all parents, teachers, coaches, team managers and competitors to read the detailed concussion management steps outlined in the Snow Australia Concussion Policy.

Remember: If in doubt, sit them out.

5.2 Graduated Return To Sport Protocol for Winter Sport

GRTS Protocol for Winter Sport



Note: Medical clearance is required to progress at 3 key time-points:

- Stage 0 (rest & recovery) to Stage 1 (return to exercise)
- Stage 3 (dry-land) to Stage 4 (snow-ice)
- Stage 5 (full-contact) to Stage 6 (unrestricted sport)

* Note: For school-aged athletes, return to school is an additional prerequisite prior to commencement of GRTS Stage 1

Section 6 - Helmets, Outerwear, And Electrical Equipment

6.1 Helmets

All competitors must wear a Safety Standards approved Skiing or Snowboarding helmet in all disciplines, except for Cross Country. Helmets must also be worn by all competitors for course inspection. Competitors will not be able to start their race without a helmet. Bike, surfing or other helmets are not acceptable.

6.2 General Outerwear

All competitors must wear appropriate ski racing outerwear that covers the torso, arms, legs and hands. Short sleeve t-shirts may not be worn on their own during course inspection or for any of the races.

6.3 Snowboard Cross and Ski Cross

Race suits must not be worn as outerwear by competitors on course. Ski and Snowboard suits must be two pieces (jacket and pants). The clothing must be loose fitting with at least 60mm gap between the material and the bicep. In addition, if the sleeves of the jacket do not have thumb holes and can easily slide up the arm, long sleeve undergarments must also be worn.

6.4 Headphones and Music players

Competitors are not permitted to wear headphones or use music players or phones for the duration of their event, including while in start marshalling, during course inspection, or whilst racing. Failure to adhere to this will result in disqualification.

6.5 Helmet Cameras and Point of View Cameras (POVs)

Competitors are not permitted to wear or use helmet cameras or POV's for the duration of their event, including while in start marshalling, during course inspection, or whilst racing. Failure to adhere to this will result in disqualification.

Section 7 – Race Course

7.1 Start area “COMPETITOR ONLY AREA” – No coaching zone.

When a competitor is within 10 race starts of their start, coaches, parents, team managers, teachers and all other spectators must not be in the designated “competitor only” area. The “competitor only” start area is determined by the Chief of Course.

- 7.1.2 If Coaches, Team Managers, or Parents are asked to remove themselves from the ‘competitor only’ area at the request of the Resort Race Department, Chief of Course or Chief of Competition, then they must adhere to the directions immediately. Anyone not adhering to the directive to remove themselves from the ‘competitor only’ area will face sanctions and the competitor may be disqualified.

7.2 Course workers and course maintenance

All course maintenance work is carried out under the direction of the Chief of Course.

- 7.2.1 This is generally ‘side slipping’ carried out by Resort Race Department Staff and/ or Resort Snow Sports Staff. At all events an event staff member will lead regular course slipping groups during the first and second competition runs. The staff member will at the top of the course ask for competitors that have completed their run as well as other appropriately skilled spectators, teachers, and parents to join the course slip group. The group will be lead and directed by the staff member through the course.
- 7.2.2 It is not permitted for competitors who are yet to race in that particular run to take part in the course slipping group.

Section 8 - Abuse

- 8.1 **Abuse of Course Officials/ Resort staff / VISAG / Fellow competitors/ Family members / School representatives or Snow Australia Staff** will not be tolerated under any circumstances. The **VISAG Executive** reserves the right to exclude and /or disqualify any individuals, teams, schools, or their third-party representatives from competitions or competition courses as necessary.

Section 9 – Alpine Rules

9.1 The Team

A team consists of a maximum of four competitors who are enrolled at the same school, or school campus. Each team is to supply one Team Manager.

9.2 Race Suits

Race suits are permitted in Divisions 1-3 Alpine events. Race suits are not permitted in Division 4, 5 & 6 Alpine events.

9.3 Waxing

Waxing of any type is prohibited in the start area or race-course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. Equipment may be subject to inspection by event staff.

9.4 Timing

Each competitor will have two runs unless precluded by weather or course conditions.

9.4.1 The team result will be determined by the sum of the fastest three times in the first run and the fastest three times in the second run.

9.4.2 If a competitor does not finish or is disqualified in the first run, their time in the second run may still be used to calculate the result.

9.4.3 Unless there are three valid times for the team in each run, the team will not qualify for team results.

9.4.5 For the calculation of individual results, the individual's time is the sum of the times of two valid runs.

9.5 The Course

The course will be a Giant Slalom set suitable for this level of competition by the Resort Race Department.

9.45.1 The course will be open for inspection 45 minutes prior to the race start of the first event of the day. Competitors must correctly wear and display race bibs in order to complete course inspection.

9.6 Course inspection may be carried out by:

SIDE SLIPPING from top to bottom for Divisions 1, 2 & 3 from the side of the course not in the race line. Competitors may push onto the course to inspect the race line and then push back to the side of the course.

9.6.1 **SIDE SLIPPING** or **SNOW PLOUGH** from top to bottom for Division 4, 5 & 6 only.

9.6.2 Competitors must not ski through the gates while inspecting. Failure to comply with this rule may be a cause for disqualification by the Chief of Competition. With marginal snow conditions, the availability of and/or method of course inspection will be at the discretion of the Chief of Competition and any changes will be posted or announced at the start.

9.7 Starting orders and procedures

The starting order will be determined by a draw whereby for each Division, Team A from each school will be drawn first, followed by Team B from each school and so on.

The First Runs will proceed in numerical order of bibs with all the first competitors going through, then the second. The Second Run starting order will be the reverse order of each Division's original draw. A competitor who is late for a start will compete at the end of the current run for their Division.

9.8 Race procedures

A competitor's ski tips and both feet must pass across the gate line (the imaginary line between two poles, or the hole where the pole was located).

- 9.8.1 It is permissible to knock a gate pole away, provided the ski tips and boots pass across the original gate line.
- 9.8.2 If the course is not completed correctly, the relevant gatekeeper will record a disqualification next to the competitor's bib number and complete a diagram of the fault.
- 9.8.3 If obstructed during his or her run, the Competitor must immediately leave the race track, ski to the bottom within the course fences, and report the obstruction to the Finish Referee. Competitors should not finish the race and should not ski through the finish line.
- 9.8.4 A provisional re-run may be granted by the Chief of Course and will be valid only if it is confirmed by the Chief of Course at the conclusion of that run. If the claim for the re-run is shown to be unjustified, the competitor may be disqualified.

9.9 Disqualifications

Disqualifications can be for a number of reasons and are at the discretion of the respective Chief of Course. Reasons for disqualification include: incorrect method of course inspection, skiing without correct bibs, late arrival for start of race, false name, false start, accepting outside assistance in a race, unjustifiable requests for a re-run, shadowing course or inspecting when closed, skiing off designated course, or for unsportsmanlike behavior or conduct.

- 9.9.1 If a competitor comes to a complete stop (eg. After a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.
- 9.9.2 The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitors run. The competitor is not permitted to hike or hop uphill toward a missed gate.
- 9.9.3 Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. In the event that the said competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.
- 9.9.4 A competitor must not be physically assisted during their run, unless for safety reasons. They will record a DSQ (Disqualification) for that run if they are assisted.

9.10 For details on Protest Procedures, refer to item 3

9.11 Loss of both skis

If a competitor loses both skis they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. In the event that the said competitor DOES cross the finish line, they may be disqualified for continuing.

9.11.1 Exception: in the event a competitor loses both skis after the last gate they may cross the finish line without skis.

9.12 Loss of one ski

If a competitor loses one ski they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. In the event that the said competitor DOES cross the finish line, they may be disqualified for continuing.

9.12.1 Exception: In the event that a competitor loses one ski without having committed a gate fault or without coming to a complete stop, they may continue as long as there are no more than two gates to complete on one ski before the finish.

9.12.2 Note: BOTH ski boots must pass ALL gates correctly. Provided that a ski is connected to a ski boot, it must pass the gate-line correctly at all times.

9.12.3 Disqualifications will be listed on the disqualification boards situated in the finish area at the completion of the race. The disqualifications will be posted for 15 minutes until the end of the Protest period.

9.13 For details on Protest Procedures, refer to item 3.

9.14 Procedures at the finish

Competitors, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run out zone. The run out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.

Section 10 – Snowboard Rules

10.1 The Team

A team consists of a maximum of three competitors who are all enrolled at the same school, or school campus.

10.1.1 Each team is to supply one adult Team Manager. NUMBERING SEEMS WRONG SHOULD BE 10.2

10.2 Race Suits

Race suits are permitted in Divisions 1-3 Snowboard events. Race suits are not permitted in Division 4, & 5 Snowboard events.

10.3 Waxing

Waxing of any type is prohibited in the start area or race-course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. Equipment may be subject to inspection by event staff.

10.4 Timing

Each competitor will have two runs unless precluded by weather or course conditions. The team result will be determined by the sum of the fastest two times in the first run and the fastest two times in the second run.
If a competitor does not finish or is disqualified in the first run, their time in the second run may still be used to calculate the result.
Unless there are two valid times for the team in each run, then the team is disqualified.
For the calculation of individual results, the individual's time is the sum of the times of two valid runs.

10.5 The Course

The course will be Giant Slalom set suitable for this level of competition by the mountain Race Department. The course is open for inspection for 30 minutes prior to the race start of the first event of the day. Competitors must correctly wear and display race bibs in order to complete course inspection. Course inspection may be carried out by SIDE SLIPPING through the course. Competitors must not point their snowboard directly down through the course. Failure to comply with this rule may be a cause for disqualification. The availability and/or method of course inspection will always be left to the discretion of the Chief of Course and any changes will be posted and/or announced by the Chief of Course at the start.

10.6 Starting order and procedures.

The starting order will be determined by a draw whereby for each Division, Team A from each school will be drawn first, followed by Team B from each school and so on. The First Runs will proceed in numerical order of bibs with all the first competitors going through, then the second, etc. The Second Run starting order will be the reverse order of each Division's original draw. A competitor who is late for a start will compete at the end of the current run for their Division.

10.7 Race procedures

A competitor's snowboard and feet must pass across the gateline (the imaginary line drawn across the slope through the two snowboard gate posts, or the hole where the post was located).

It is permissible to knock a gate post away, provided the snowboard passes across the original gate line.

If the course is not completed correctly, the relevant gatekeeper will record a disqualification next to the competitor's number and complete a diagram of the fault.

If obstructed during his or her run, the Competitor must immediately leave the race track, snowboard to the bottom within the course fences, and report the obstruction to the Finish Referee. Competitors should not finish the race and should not snowboard through the finish line.

A provisional re-run may be granted by the Chief of Course and will be valid only if it is confirmed by the Chief of Course at the conclusion of that run. If the claim for the re-run is shown to be unjustified, the competitor will be disqualified.

10.8 Disqualifications

Disqualifications can be for a number of reasons and are at the discretion of the respective Chief of Course. Reasons for disqualification include: incorrect method of course inspection, snowboarding without correct bibs, late arrival for start of race, false name, false start, snowboard fails to go correctly around the gate poles, accepting outside help in a race, unjustifiable requests for a re-run, shadowing course or inspecting when closed, snowboarding off designated course or for unsportsmanlike behavior or conduct.

- 10.8.1 If a competitor comes to a complete stop (eg. After a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.
- 10.8.2 The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitors run. The competitor is not permitted to hike or hop uphill toward a missed gate.
- 10.8.3 Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. In the event that the said competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.
- 10.8.4 A competitor must not be physically assisted during their run, unless for safety reasons. They will record a DSQ (Disqualification) for that run if they are assisted.
- 10.8.5 Disqualifications will be listed on the disqualification boards situated in the finish area at the completion of the race. The disqualifications will be posted for 15 minutes until the end of the Protest period.
- 10.8.6 For details on Protest Procedures, refer to item 3.

10.9 Procedures at the finish

Competitors, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run out zone. The run out zone is a dangerous area and

must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.

10.10 Equipment

Snowboard Hard Boot, Board and Binding or Soft Boot, Board and Binding set ups are permitted on the Snowboard Giant Slalom Course.

Only standard snowboarding equipment is allowed, that is, no poles or other mechanical devices that may provide assistance are permitted. All competitors must wear approved ski and snowboard safety helmets (bike and surf helmets are not acceptable).

Section 11 – Snowboard Cross Rules

11.1 The team

A team consists of a maximum of three competitors who are all enrolled at the same school, or school campus.

11.1.1 Each team is to supply one adult Team Manager.

11.1.2 The starting order will be determined by a draw whereby for each Division, Team A from each school will be drawn first, followed by Team B from each school and so on.

11.1.3 The Qualifying Run will proceed in numerical order of bibs with all the first competitors going through, then the second, etc.

11.1.4 A competitor who is late for a start will compete at the end of the run for their Division.

11.2 Waxing

Waxing of any type is prohibited in the start area or race-course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. Equipment may be subject to inspection by event staff.

11.3 Timing

Each competitor will have one qualifying run.

11.3.1 The team result will be determined by the sum of the fastest two times in the qualifying run. Unless there are two valid times for the team, the team is disqualified.

11.3.2 The individual result will be determined by the top 32 or less competitors, based on the number of race entries, and their qualifying times. The top competitors progress to an individual final. Only the second run will count for these top places.

11.4 Individual Competition

Following the completion of the qualifying time trial the fastest 8, 16 or 32 (depending on field size) individuals will then proceed to have a second run in order to determine the overall individual results. The final result for the top competitors will be determined by the fastest recorded time from the second run only. Should one or more competitor/s from the finals fail to finish or be disqualified, they will assume last place of the finals. Positions following the total number of finalists onwards will be determined from the fastest times during the first qualifying run.

11.5 Nationals event format

When the National Interschools are hosted in Victoria a first run in bib order will take place followed by a second run for all competitors in reverse bib order. The team result will be

determined by combining the fastest run of the two fastest team members from either their first or second runs.

- 11.5.1 The individual result will be determined by a best of two run format where the fastest time from either the first or second run will determine their individual result.

11.6 The Course

The course will be a terrain type course, marked with gate flags and other markings and will have a series of manmade and natural obstacles (ie jumps, rolls, waves, table tops, banked turns etc.)

11.7 Course Inspection and training

Form of course inspection and training will be set by the Chief of Course. In some cases an inspection from outside the fenced off area maybe the only form of inspection allowed.

11.8 Disqualifications

Disqualifications can be for a number of reasons and are at the discretion of the respective Chief of Course. Reasons for disqualification include: incorrect method of course inspection, snowboarding without correct bibs, late arrival for start of race, false name, false start, snowboard fails to go correctly around the gate poles, accepting outside help in a race, unjustifiable requests for a re-run, shadowing course or inspecting when closed, snowboarding off designated course or for unsportsmanlike behavior or conduct.

Competitors may also be disqualified for:

- 11.8.1 A false start.
- 11.8.2 Not correctly passing through all sections of the course.
- 11.8.3 Missing the start time.
- 11.8.4 If a competitor comes to a complete stop (eg. After a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.
- 11.8.5 The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitors run. The competitor is not permitted to hike or hop uphill toward a missed gate.
- 11.8.6 Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. In the event that the said competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.
- 11.8.7 A competitor must not be physically assisted during their run, unless for safety reasons. They will record a DSQ (Disqualification) for that run if they are assisted.
- 11.8.9 Disqualifications will be listed on the disqualification boards situated in the finish area at the completion of the race. The disqualifications will be posted for 15 minutes until the end of the Protest period.

11.9 Equipment

Snowboard Hard Boot, Board and Binding set up are not permitted on Snowboard Cross Courses. Soft Boot, Board and Binding set ups only are permitted on Snowboard Cross Course.

- 11.9.1 Only standard snowboarding equipment is allowed, that is, no poles or other mechanical devices that may provide assistance are permitted. All competitors must wear approved ski and snowboard safety helmets (bike and surf helmets are not acceptable).
- 11.9.2 Race suits must not be worn as outerwear by competitors on course. Ski and Snowboard suits must be two pieces (jacket and pants). The clothing must be loose fitting with at least 60mm gap between the material and the bicep. In addition, if the sleeves of the jacket do not have thumb holes and can easily slide up the arm, long sleeve undergarments must also be worn.
- 11.9.3 The staff member (normally the Assistant Chief of Course) responsible for the start area line up will assess if competitors clothing meets the Jacket and Pants clothing rules. If they do not they will be told to change to compliant clothing before being permitted to start the race. Failure to change into compliant clothing will result in a disqualification prior to the start.

11.10 Procedures at finish

Competitors, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run-out zone. The run-out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.

Section 12 – Ski Cross Rules

12.1 The team

A team consists of a maximum of three competitors who are all enrolled at the same school, or school campus.

12.1.2 Each team is to supply one adult Team Manager.

12.1.3 The starting order will be determined by a draw whereby for each Division, Team A from each school will be drawn first, followed by Team B from each school and so on.

12.1.4 The Qualifying Run will proceed in numerical order of bibs with the first competitor going through, then the second, etc.

12.1.5 A competitor who is late for a start will compete at the end of the run for their Division.

12.2 Waxing

Waxing of any type is prohibited in the start area or race-course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject to inspection.

12.3 Timing

Each competitor will have one qualifying run.

The team result will be determined by the sum of the fastest two times in the qualifying run. Unless there are two valid times for the team, the team is disqualified.

12.3.1 The individual result will be determined by the top 32 or less competitors, based on the number of race entries, and their qualifying times. The top competitors progress to an individual final. Only the second run will count for these top places.

12.4 Individual competition

Following the completion of the qualifying time trial the fastest individuals will then proceed to have a second run in order to determine the overall individual results. The final result for the top 32 will be determined by the fastest recorded time from the second run only. Should one or more competitor/s from the finals fail to finish or be disqualified, they will assume last place of the final 32. Position 33 onwards will be determined from the fastest times during the first qualifying run.

12.5 Nationals event format

When the National Interschools are hosted in Victoria a first run in bib order will take place followed by a second run for all competitors in reverse bib order. The team result will be determined by combining the fastest run of the two fastest team members from either their first or second runs.

12.5.1 The individual result will be determined by a best of two run format where the fastest time from either the first or second run will determine their individual result.

12.6 The Course

The course will be a terrain type course, marked with gate flags and other markings and will have a series of manmade and natural obstacles (ie jumps, rolls, waves, table tops, banked turns etc.)

12.7 Course Inspection

Form of course inspection will be set by the Chief of Course. In most cases an inspection from outside the fenced off area is the only form of inspection allowed.

12.8 Disqualifications

Disqualifications can be for a number of reasons and are at the discretion of the respective Chief of Course. Reasons for disqualification include: incorrect method of course inspection, skiing without correct bibs, late arrival for start of race, false name, false start, accepting outside assistance in a race, unjustifiable requests for a re-run, shadowing course or inspecting when closed, skiing off designated course, or for unsportsmanlike behavior or conduct.

Competitors may also be disqualified for:

12.8.1 A false start.

12.8.2 Not correctly passing through all sections of the course.

12.8.3 Missing the start time.

12.8.4 If a competitor comes to a complete stop (eg. After a fall) they must no longer continue. A complete stop is deemed to occur when the competitor is no longer moving downhill.

12.8.5 The competitor must exit to the side of the course as soon as possible to avoid interfering with the next competitors run. The competitor is not permitted to hike or hop uphill toward a missed gate.

12.8.6 Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for that run. In the event that the said competitor DOES cross the finish line, they may be disqualified (DSQ) for continuing.

12.8.7 A competitor must not be physically assisted during their run, unless for safety reasons. They will record a DSQ (Disqualification) for that run if they are assisted.

12.10 Loss of both skis

If a competitor loses both skis they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. In the event that the said competitor DOES cross the finish line, they may be disqualified for continuing.

12.10.1 Exception: in the event a competitor loses both skis after the last gate they may cross the finish line without skis.

12.11 Loss of one ski

If a competitor loses one ski they must exit the course as soon as possible. Provided that the competitor does not cross the finish line, they will record a DNF (Did Not Finish) for this run. In the event that the said competitor DOES cross the finish line, they may be disqualified for continuing.

- 12.11.1 Exception: In the event that a competitor loses one ski without having committed a gate fault or without coming to a complete stop, they may continue as long as there are no more than two gates to complete on one ski before the finish.

Note: BOTH ski boots must pass ALL gates correctly. Provided that a ski is connected to a ski boot, it must pass the gate-line correctly at all times.

Disqualifications will be listed on the disqualification boards situated in the finish area at the completion of the race. The disqualifications will be posted for 15 minutes until the end of the Protest period.

12.12 Equipment

Only standard ski equipment is allowed, no mechanical devices that may provide assistance are permitted. All competitors must wear approved ski and snowboard safety helmets (bike and surf helmets are not acceptable).

- 12.12.1 Race suits must not be worn as outerwear by competitors on course. Ski and Snowboard suits must be two pieces (jacket and pants). The clothing must be loose fitting with at least 60mm gap between the material and the bicep. In addition, if the sleeves of the jacket do not have thumb holes and can easily slide up the arm, long sleeve undergarments must also be worn.
- 12.12.2 The staff member (normally the Assistant Chief of Course) responsible for the start area line up will assess if competitors clothing meets the Jacket and Pants clothing rules. If they do not they will be told to change to compliant clothing before being permitted to start the race. Failure to change into compliant clothing will result in a disqualification prior to the start.

12.13 Procedures at Finish

Competitors, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run out zone. The run out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.

Section 13 – Moguls Rules

13.1 The team

A team consists of a maximum of three competitors who are enrolled at the same school, or school campus.

- 13.1.1 The team result will be determined by the sum of the highest scores from the two highest scoring team members from either their qualifying run or the top 20 second run at the Victorian Interschools. Unless there are two valid scores, the team results will not count. Each team is to supply one adult Team Manager.

13.2 Competition format

The competition will consist of a competition run for all competitors, followed by a reverse order second run for the top 20 placed competitors from the first run. The individual ranking will be determined by the best score achieved by all competitors for either the first run or second run at the Victorian Interschools.

- 13.2.1 At the National Interschools hosted in Victoria the entire field will have two runs in bib order. The individual result will come from the best score from either the first or second runs. Team results will be determined from the two highest scoring team members from either the first or second runs.
- 13.2.2 In the event that there are significant delays the event may be reduced to a single run event.
- 13.2.3 Each competitor's run will be judged by a minimum of three judges, two judges for turns and one judge for air. At times a second air judge may also be implemented.

13.3 Judging

Turns	2 judges x 20 points = 40 points
Air	1 judge x 10 points (Multiplied by 2) = 20 points
Maximum total score	60 points

NB In the event that there are 2 Air judges they will both give a score out of 10 which will be added together for a maximum total of 20 points.

13.4 Judging criteria

Turns: Quality and quantity of turns made down the fall line of the mogul slope.

The judge's criteria include:

- Aggression/Control,
- Fall line, Carving,
- Absorption/Extension,
- Upper Body

Air: One upright jump should be performed on the run.

No somersaults (inverted) are allowed.

The judge evaluates the following in each jump:

- Height/Distance,
- Landing,
- Execution,
- Jump Category then apply the Degree of Difficulty chart to produce the air score out of 10.

Please refer to the Mogul Competition Guide for Degree of Difficulty chart

13.5 The Course

The course will be set suitable for this level of competition by the mountain Freestyle Department.

- 13.5.1 The course is open for inspection and practice runs until 10 minutes prior to the start time of the first event of the day. Competitors must wear race bibs, and helmets during practice and competition.

13.6 Starting orders and procedures

The starting order will be determined by a draw whereby for each Division, Team A from each school will be drawn first, followed by Team B from each school and so on.

- 13.6.1 The first run will proceed in the numerical order of bib.
- 13.6.2 A competitor who is late for a start will compete at the end of the Division.

13.7 Event Procedures

The competitor must ski within the marked (fenced) course. If the boots of the competitor cross out of bounds or the competitor does not pass through the finish gate, then the competitor will receive no score.

- 13.7.1 If obstructed during his or her run by an official, spectator, animal, another competitor who has fallen and has not cleared the course, objects left on the course or First Aid measures, the competitor must immediately leave the course, ski to the bottom of the course, consult the Head Judge and request a re-run. Competitors should not finish the race and should not ski through the finish line.
- 13.7.2 A provisional re-run will be granted immediately and will be valid only if it is confirmed by the Chief of Course at the conclusion of that run. If the claim for the re-run is shown to be unjustified, the competitor's re-run will not be counted.
- 13.7.3 The competitor will be judged according to their performance. If the competitor loses one ski and does not continue their run by putting their ski back on in the 10 second time limit, they should exit the course as soon as possible and will be judged up to that point. If a competitor loses both skis, they should exit the course as soon as possible and will be judged up to that point. If a competitor stops in the mogul course for more than 10 seconds, the competitor should exit the course as soon as possible and will be scored to that point.

13.8 Disqualifications

Disqualifications can be for a number of reasons and are at the discretion of the respective Chief of Course and / or Head Judge. Reasons for disqualification include: incorrect method of course inspection, skiing without correct bibs, late arrival for start of race, false name, false start, accepting outside assistance in a competition, unjustifiable requests for a re-run,

shadowing course or inspecting when closed, skiing off designated course, or for unsportsmanlike behavior or conduct.

- 13.8.1 A competitor will be disqualified and face possible further sanctioning for attempting or performing somersaults (inverts) in the competition and / or practice run. At no time is it safe and acceptable for competitors to attempt or perform somersaults (inverts) on an Interschools Moguls course.
- 13.8.2 Mogul competitors who believe they will be disqualified should check with the Head Judge who will check with the appropriate official.
- 13.8.3 Disqualifications are at the discretion of the respective Chief of Course and/or Competition Jury (which will include the Head Judge).
- 13.8.4 A competitor who does not demonstrate sufficient competency in the opinion of the Head Judge may be asked to leave the course.
- 13.8.5 For details on Protest Procedures, refer to item 3.

13.9 Procedures at Finish

The mogul competitor, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run out zone. The run out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.

Section 14 – Cross Country Rules

14.1 General Rules

(Please note that Cross Country Skiing Rules are now aligned with NSW / ACT / QLD Interschools Rules).

- 14.1.1 Interschools Cross Country Skiing Competition includes two events:
 - Classic Cross Country Classic Mass Start
 - Freestyle Cross Country Relay
- 14.1.2 Normally the two Cross Country events are held on one day, with Cross Country Classic first, and the Cross Country Relay second.
- 14.1.3 Unless otherwise agreed by the National Interschools Committee, a Mass Start event shall be held in Classic technique and the Relay event held in Free technique (may be Classic or Freestyle).
- 14.1.4 In exceptional circumstances with competition courses of limited width, the Chief of Course may change the event format to an Interval Start.
- 14.1.5 Technical Delegate (TD) will be appointed to work with the Chief of Course to ensure that all events are held fairly and according to the rules.
- 14.1.6 The Race Jury for the events shall consist of (1) the Chief of Course, (2) the Chief of Competition, and (3) the Technical Delegate (TD).
- 14.1.7 Courses will be set for length and difficulty to suit this level of competition and for the prevailing snow conditions.
- 14.1.8 The marking of the course should be so clear that the competitor is never in doubt where the course goes.
- 14.1.9 The start zone should be flat or on a slight uphill, and the start should be straight for 50m. The width of the start should be sufficient to accommodate all competition formats used.
- 14.1.10 The finish zone should be straight for the last 50m or so, flat or slightly uphill, and allow the possibility for competitors to overtake. Ideally the last 30-50m should be separated into corridors. Such corridors should be clearly marked, but markings must not interfere with the skis.
- 14.1.11 The finish line should be clearly marked with a coloured line.
- 14.1.12 Competitors may inspect the track prior to the start under the direction of event officials.
- 14.1.13 Depending on snow conditions the Competition Jury may decide to cancel course inspection, in order to preserve the competition tracks.
- 14.1.14 In all training and competition situations the athletes must always ski in the competition course direction.
- 14.1.15 Waxing of any type is prohibited in the start area or course arena. Fluoro wax and Fluorocarbon liquid sprays are prohibited. The Interschools Committee advises that equipment may be subject

to inspection.

14.2 During the Competition

Competitors must always follow the marked course, no course cutting is allowed. Failure to do so may lead to disqualification.

- 14.2.1 Competitors must complete the entire race with skis on. It is not permitted to run carrying skis.
- 14.2.2 In all competitions, obstruction is not allowed. This behavior is defined as deliberately impeding, blocking, charging or pushing any competitor with any part of the body or ski equipment.
- 14.2.3 Faster competitors catching up to and overtaking a slower competitor may call "TRACK". The competitor being overtaken should ski to one side of the track but need not stop. If a competitor does not move to one side of the track as per this requirement, they risk disqualification.
- 14.2.4 The TRACK rule does not apply in mass start events when competitors are racing head-to-head on the same lap. When overtaking, competitors must not cause any obstruction. It is the responsibility of the overtaking skier to pass without obstruction.
- 14.2.5 No coaches or spectators may be on the course during the race. Coaching from outside the track (cheering, time splits, technique or tactical advice) is permitted, however coaches may not move more than 20m alongside the track when supporting a competitor.
- 14.2.6 Pole exchange is only allowed in the case that a pole is broken or damaged. Broken poles may be replaced either from an official pole depot or passed to a competitor from outside the course. When supplying a pole to a competitor, no other competitors may be impeded.
- 14.2.7 Skis may not be exchanged.
- 14.2.8 All competitors must wear appropriate clothing during their course inspection and in the event. Shorts or T-shirts are not considered appropriate due to safety reasons.
- 14.2.9 Disqualification are at the discretion of the Race Jury, and can be for:
 - improper changeover
 - skiing without a bib
 - using a false name
 - false start
 - skiing with wrong bib
 - skiing out of entry order in the relay
 - skating in a classic race
 - accepting outside assistance in the race (eg, after a fall)
 - not following the marked course
 - impeding another competitor
 - using wrong technique in start area
 - and/or failing to give way to a faster competitor.
- 14.2.10 Protests are handled under the general rules for all Interschools events.

14.3 Classic Technique

In a Classic race, competitors must use the classical technique. Classical technique includes the diagonal technique, the double-poling techniques, herringbone techniques (with no glide), downhill techniques and turning techniques.

- 14.3.1 Turning techniques comprise steps with the inner ski and pushes with the outer ski in order to change direction. In general, wherever there is a set classic track turning techniques are not permitted. When necessary, additional markings may be used to identify the start and end of corners.

* Note: additional video resources are to be supplied to assist in understanding appropriate turning technique.

- 14.3.2 The parallel classic tracks should be set appropriately. These includes aligning tracks in the line of best fit and removing classic tracks on tight corners where it is not possible to turn and stay in the tracks.

- 14.3.3 Where there is one or more set tracks, repeatedly changing or stepping in and out of tracks is not allowed.

- 14.3.4 The Competition Jury may also decide to set technique zones where double-pole techniques (including kick-double-pole) may not be used. If technique zones are used, they will be clearly marked and managed using both technique controllers and possible video control.

- 14.3.5 Technique control in Classic races will be overseen by the TD. Technique Controllers with suitable knowledge of classic technique will be stationed at designated risk zones and should be identified with official bibs. If video control is used, all competitors must be filmed.

- 14.3.6 The race number of any competitor not following correct classic technique will be recorded by the Technique Controllers and supplied to the Race Jury. Sanctions for not following correct classic technique may include:

- Verbal warnings / education of correct technique
- Written warnings
- Disqualification

- 14.3.7 In determining the appropriate sanction the Race Jury will consider the level of the athlete, whether the breach of rule was intentional, whether any advantage was gained and whether the result of the race was affected.

- 14.3.8 Non-official video evidence will not be considered by the Race Jury.

14.4 Event Rules - Cross Country Classic Mass Start

A team consist of three skiers.

- 14.4.1 The team results will be determined by the sum of the combined times of all three competitors. Three valid results must be recorded in order to qualify for a team result. Teams of one or two competitors can compete in this event, however they are eligible for the top three individual medals only.

14.4.2 All competitors in each division will start en masse. The Chief of Course may, at their discretion, seed the starting competitors into multiple rows for the start. Seeding of competitors onto each row will prioritise A team skiers to the front rows

14.4.3 Distances for each Division shall be as follows:

Divisions 1-3	Approximately 1.5-2.5km
Divisions 4-5	Approximately 1.0 km

14.4.4 If an Interval Start format is used (as per 13.4), intervals of 10s, 15s or 30s may be used.

14.5 Event Rules – Cross Country Relay

A relay team consist of three skiers.

14.45.1 Cross Country Relay race is a Freestyle race and any cross country skiing techniques may be used.

14.5.2 Each competitor skis the same distance. Teams with only one or two skiers may enter the event skiing one leg each, however overall team placings will only be awarded to teams with three skiers.

14.5.3 The relay start is a mass start. The Chief of Course may, at their discretion, seed the starting competitors into multiple rows for the start. Seeding of competitors onto each row will prioritise A team skiers to the front rows

14.5.4 Each competitor will ski approximately the same distance as follows:

Divisions 1, 2 & 3	1 to 1.5km
Divisions 4 & 5	approx. 1km

14.5.5 A 20m double pole zone may be used at the start, in order to avoid collision of skis from skating.

14.5.6 The relay exchange zone should be a rectangle 30 metres long and sufficiently wide, clearly marked and roped off, and located on flat or smoothly rising ground near the start and finish. If the exchange zone is located after the finish line, it must be at least 5 metres beyond the finish line to prevent competitors inadvertently breaking the timing contact.

14.5.7 Changeover of competitors (tagging) is accomplished only within the marked exchange zone and by touching any part of the body by the body (ie, hand, arm, body, leg) but NOT the equipment of the changing competitor.

14.5.8 During changeover skiers finishing their leg must take all effort not to impede other teams changing over.

14.5.9 At the finish, the final competitor must ski through the finish line and must not impede any following competitors.

14.5.10 The team results will be determined by each team's overall time/place, with awards presented to the first three teams only. No individual awards will be made.

Section 15 – Ski and Snowboard Slopestyle rules

15.1 The Team

A team consists of a maximum of three competitors who are all enrolled at the same Secondary school, or school campus.

15.2 Conditions of entry

Each school coordinator prior to entering a student in the event must deem that the student has the appropriate level of skill and experience to compete. Questions that must be asked by each School Coordinator are:

- Can your student execute a controlled straight air on a green or S category jump?
- Can your student execute a controlled 50/50 (snowboard) or straight grind (competitor) on a 5metre box?
- Does your student have the ability to ride/ ski switch in a controlled way down a blue run?

15.2.1 Previous competition experience and or coaching/ lessons in terrain parks may be taken into account by the School Coordinator to assess appropriate skill level and make up of teams.

15.3 Event Format

An individual can enter the event, however they must be a Division 1, 2, or 3 competitor. Primary School competitors are not permitted to enter Slopestyle events. At State level competitions, both Team and Individual medals are awarded. Teams are eligible for entry into the National level competition under the condition that all team members achieved the minimum qualification score.

15.3.1 In Ski Slopestyle and Snowboard Slopestyle events, up to the top twenty (20) Division 1, 2 and 3 individuals only from NSW, QLD and ACT (collectively), plus up to the top twenty (20) Division 1, 2 and 3 individuals only from Victoria, regardless on state team ranking, will qualify to compete at the Australian Interschools Snowsports Championships.

15.3.2 All competitors that achieve a top 20 placing must also meet a minimum acceptable score to qualify for the National Interschools. The minimum acceptable score will be determined by the National Slopestyle executive following the completion of the State events. School Championship points will be awarded for Slopestyle event team results.

15.4 Course format

The course will be set suitable for this level of competition by the mountain Terrain Park Department. Course locations at each resort will be on resort and Interschools approved terrain locations to ensure that appropriate speeds are not exceeded.

15.4.1 Competitors must wear race bibs, and helmets during practice and competition. The Interschools Slopestyle courses consist of two table top jumps with varying levels of take-off difficulty provided on each jump. Two boxes/jib features will also be installed on the course with easier and more challenging entries onto the boxes provided.

15.4.2 Each training and competition run start will be controlled by the appointed Chief of Course/Starter. Each jump will have a volunteer stationed on the jump to close the jump in the event of a fall.

15.5 Competition Format

Each competitor will have at least one training run on the course.

- 15.5.1 During the allocated training time competitors may have as many training runs that the training time permits under the starters directions.
- 15.5.2 Each competitor will have two competition runs with the best of the two runs counting toward individual and team results. In the event of delays, snow conditions or visibility issues the event may be run as a one run only event.
- 15.5.3 Slopestyle events are judged events with no timing component.
- 15.5.4 Each competitors run will be judged by a minimum of three judges. One head judge and two additional judges who will each give a score out of 100 (known as an overall impression score). The final score will be the average of the three scores.

15.6 Judging Format

OVERALL IMPRESSION (3 JUDGE FORMAT)

3 Judges will nominate a score out of a total maximum of 100.

FINAL SCORE = Average of 3 judges scores.

Example: JUDGE 1 = 75; JUDGE 2 = 82; JUDGE 3 = 71 SCORE = 228/3

FINAL SCORE = 76 SCORE

CATEGORIES

- Below Average Execution: 1 – 45 points
- Average Execution: 45 – 60 points
- Good Execution: 60 – 80 points
- Excellent Execution: 80 – 100 points

15.7 Judging criteria

15.7.1 The Line

The line the competitor takes through the course

If there are options to choose on course features in regards to take offs then this is the course 'line'. The judges will take into account if the competitor has chosen a more difficult or less difficult line.

15.7.1 Use of Terrain Features

The use of the terrain features on the course

How the competitor uses the jib features and the difficulty and variety shown. Judges consider:

- Switch take offs or landings
- Direction of rotation (left/right, natural/unnatural, frontside/backside)
- Variety of grabs
- Trick sequence and combination of tricks
- Different rotation axis
- Entry, exit, position and movement on jib features

- 15.7.3 Performing grabs can change the difficulty of the trick. Boning or tweaking can increase the difficulty as can where you grab on the board or skis and with what hand with respect to the rotation.

15.7.4 **Amplitude, Style and Overall Flow**

Amplitude is not just going "BIG" on the kickers but landing at the "sweet spot". Showing good amplitude on jumps is by "popping" and having good trajectory in the air.

15.7.5 Execution is a major consideration with style and impacts the overall flow of the run. Style and flow is evident through control maintained during the whole run, from start to finish. Competitors should ride with good stability and fluidity through each feature, take-off and landing. Each trick should "look easy".

15.7.6 If the intention of a grab is shown, the grab should be made on the board or skis and not anywhere else, ie. Not on the boots or bindings.

15.8 **Starting orders and procedures**

The starting order will be determined by a draw whereby for each Division, Team A from each school will be drawn first, followed by Team B from each school and so on.

15.8.1 The competition will proceed in the numerical order of bib.

15.8.2 A competitor who is late for a start will compete at the end of the Division.

15.9 **Race Procedures**

All competitors must be present for the competitor briefing 10 minutes prior to course inspection. Any absent competitors at the competitor briefing may be disqualified from the event.

15.9.1 The competitor must remain within the marked (fenced) course. If the boots of the competitor cross out of bounds or the competitor does not pass through the finish line, then the competitor will receive a score up to the point where they left the course.

15.9.2 If obstructed during his or her run by an official, spectator, animal, another competitor who has fallen and has not cleared the course, objects left on the course or First Aid measures, the competitor must immediately leave the course, hold one arm up in the air to signal the obstruction, go to the bottom of the course, consult the Head Judge and request a re-run.

15.9.3 A provisional re-run will be granted immediately and will be valid only if it is confirmed by the Chief of Course at the conclusion of that run. If the claim for the re-run is shown to be unjustified, the competitor's re-run will not be counted.

15.9.4 The competitor will be judged according to their performance. If a competitor stops in the course for more than 10 seconds, the competitor should exit the course as soon as possible and will be scored to that point.

15.10 **Disqualifications**

Reasons for disqualification may include: skiing/riding without correct bibs, false name, accepting outside help in a run (ie: after a fall), unjustifiable requests for a re-run, skiing/riding off designated course, attempting or performing somersaults (inverts), being enrolled in a Primary School, unsportsmanlike behavior/ conduct or being absent at competitor briefing and course inspection or training runs.

15.10.1 Competitors who believe they will be disqualified should check with the Head Judge who will check with the appropriate official.

- 15.10.2 Disqualifications are at the discretion of the respective Chief of Competition and/or the Competition Jury (which includes the Head Judge).
- 15.10.3 A competitor who does not demonstrate sufficient competency in the opinion of the Head Judge and/or Competition Jury may be asked to leave the course and not allowed to start.
- 15.10.4 For details on Protest Procedures, refer to item 3.

15.11 Procedures at Finish

The competitor, after crossing the finish line, must turn and show their bib number to the Finish Referee, then immediately leave the run-out zone. The run out zone is a dangerous area and must be kept clear at all times. Spectators and Team Managers are forbidden to be in this zone.